



Kothari International School, Noida
Faculty Development Program
Session 2026-2027

At Kothari International School, continuous professional development is an integral part of our commitment to excellence in education. The Faculty Development Programme is designed to enhance teachers' professional competencies, strengthen pedagogical practices, and keep them updated with the latest trends and innovations in education.

Workshops, training sessions, and webinars are planned after a comprehensive needs analysis based on feedback from teachers, Section Incharges, and Subject Heads. This ensures that every programme is relevant, practical, and aligned with the evolving needs of educators.

The programme covers diverse areas such as 21st-century skills, innovative teaching methodologies, subject enrichment, classroom management, assessment practices, and social-emotional well-being. Led by experienced resource persons and education experts, these sessions equip teachers with the knowledge and skills needed to create engaging and meaningful learning experiences.

The school also regularly hosts CBSE Capacity Building Programmes and ensures active participation of its faculty in CBSE-mandated professional development workshops, reaffirming its commitment to nurturing a culture of continuous learning and excellence in teaching.

Mentioned below are the workshops/seminars/webinars conducted by the Learning Together Cell

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1	Strings that Calm-Mental Health Workshop – Ms. Anuna Bordoloi	May 20th, 2026	<i>Strings That Calm</i> was a wellness-focused workshop designed to support teachers' mental and emotional well-being. Through guided mindfulness practices, reflective activities, and practical stress-management techniques, the session encouraged educators to build resilience, maintain emotional balance, and prioritise self-care in their personal and professional lives.	• Developed an understanding of the importance of mental and emotional well-being in the teaching profession. . • Learned practical mindfulness and stress-management techniques for everyday use. • Explored strategies to achieve a healthy work-life balance and prevent burnout.	
2	Digital Tools and ICT Integration in Social Science – Ms. Diviya	May 20th, 2026	This workshop introduced teachers to innovative teaching practices and ICT tools that enhance classroom engagement and support student-centred learning. The session focused on integrating technology effectively to create interactive and meaningful learning experiences.	• Explored digital tools to make teaching more interactive and engaging. • Developed strategies for integrating technology into everyday classroom practices. • Enhanced understanding of student-centred teaching through the effective use of ICT.	

3	Dopamine Detox for Educators: Remove Distractions and Regain Focus – Ms. Chitra Sisodia	May 20th, 2026 & May 21st, 2026	This workshop focused on helping teachers improve focus, manage distractions, and develop mindful habits for enhanced personal and professional well-being. Through interactive activities, participants explored practical strategies to maintain balance in an increasingly digital world.	• Learnt techniques to improve focus and manage everyday distractions. • Explored mindful practices to support mental well-being and work-life balance. • Developed strategies for managing digital exposure.	
4	भाषा शिक्षण हेतु रोचक गतिविधियाँ Ms. Pankaja Joshi	May 20th, 2026 & May 21st, 2026	The workshop focused on innovative and enjoyable methods of language teaching, encouraging educators to make classrooms more lively, participative, and student-friendly. Through a variety of hands-on activities, games, and collaborative exercises, teachers explored creative approaches to strengthen language learning and communication skills among students.	• Explored engaging and activity-based approaches to language teaching. • Learnt strategies to enhance students' communication and language skills. • Developed techniques to create interactive and student-centred language classrooms.	

5	From Formula to Fascination - Ms. Monika Maurya & Need of Simulations and Hands-on Activities to Elaborate the Concept- Ms Samta Sharma	May 20th, 2026 & May 21st, 2026	This workshop introduced teachers to innovative, concept-based teaching strategies, emphasizing the use of simulations and hands-on activities to make learning engaging, interactive, and meaningful. .	• Explored innovative methods to simplify and strengthen conceptual understanding. • Learnt to integrate simulations and hands-on activities into classroom teaching. • Developed strategies to make lessons more engaging and student-centred.	
6	Zumba Session- Ms. Shweta	May 21st, 2026	The session encouraged educators to unwind, stay active, and focus on physical as well as mental well-being through fun-filled dance and fitness activities. The lively session created a positive and enthusiastic atmosphere, leaving the teachers rejuvenated and motivated.	• Promoted physical fitness and overall well-being. . • Learnt simple movement routines to relieve stress and boost energy. • Recognised the importance of an active lifestyle for maintaining work-life balance.	

7	Vedic Maths- Ms. Vineesha Jain	May 21 st , 2026	A Vedic Maths workshop introduces participants to ancient Indian mathematical techniques that make calculations faster, simpler, and more enjoyable. The workshop focuses on mental math strategies, shortcuts, and problem-solving methods to improve calculation speed and accuracy.	• Learn quick calculation techniques and Vedic Maths shortcuts. • Improve speed and accuracy in arithmetic operations.	
8	High Impact Instruction Strategies- Ms. Vandana Chaubey	May 21 st , 2026	The workshop focused on effective teaching practices and innovative instructional methods that help create engaging and meaningful classroom experiences for students. Through interactive discussions and practical examples, educators explored strategies to enhance student participation, critical thinking, and overall learning outcomes.	• Understand and apply effective teaching strategies to improve classroom engagement. • Explore innovative instructional methods to support diverse learning needs.	

9	Kavach Self Defence – Ms. Divya Panwar & Team	May 22nd, 2026	The session focused on practical self-defense techniques, personal safety awareness, and building confidence among teachers. Participants learned to stay calm and respond effectively in challenging situations	• Learn basic self-defense moves. • Build confidence and safety awareness. • Promote personal security in the school community.	
10	From Waste to Wonders– Ms. Bobby Patra	May 22nd, 2026	The workshop highlighted the importance of creativity, sustainability, and the effective use of waste materials in art and craft activities. Teachers enthusiastically participated in various hands-on activities, transforming everyday waste items into beautiful and useful creations.	• Understand the importance of creativity and sustainability in art and craft activities. • Enhance imagination, creativity, and hands-on craft skills. • Develop skills to transform waste materials into innovative creations.	

11	Maths and Science Workshop- Ms. Manju Gupta	May 20th , 2026 May 21st, 2026 & May 22nd, 2026	The sessions were extremely informative and provided teachers with valuable insights into innovative teaching practices, effective lesson planning, and interactive learning strategies. Through discussions, practical examples, and collaborative activities, the workshop encouraged educators to make learning more meaningful and engaging for students.	• Apply innovative teaching practices and effective lesson planning strategies. • Use interactive methods to create engaging learning experiences. • Enhance student participation through collaborative teaching approaches. .	
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12	Building Inclusive Classrooms- Ms. Aksi Naqvi	May 25 th , 2026	The session focused on the importance of inclusivity and the implementation of Universal Design for Learning (UDL) in classrooms. The workshop highlighted effective strategies to create supportive, accessible, and student-centered learning environments that cater to diverse learning needs. It was an enriching and thought-provoking session for all the participants.	• Understand the principles of inclusivity and Universal Design for Learning (UDL). • Implement strategies to support diverse learning needs in classrooms. • Create accessible and student-centered learning environments.	
13	Hydroponics- Ms. Yogita Jolly	May 25 th , 2026	The session introduced participants to hydroponics and sustainable farming through hands-on creation of Wick Systems using recycled materials. It promoted creativity, environmental awareness, and practical learning about innovative agricultural technologies.	• Understood the basics of hydroponics and soil-free farming. • Learned how a Wick System works through hands-on activity. • Developed skills in creating sustainable systems using recycled materials.	

14	Tie and Dye- Ms. Rupali	May 25 th , 2026	The workshop provided teachers with a hands-on artistic experience, encouraging creativity, self-expression, and innovative use of colours and designs. Participants enthusiastically explored the process and created unique fabric patterns, making the session both enjoyable and enriching for everyone involved.	• Developed creativity and artistic expression through fabric design activities. • Learned techniques for creating unique patterns using colours and designs.	
15	Mental Wellbeing – Brahmakumari Sister Renu	May 26 th , 2026	This spiritual session introduced meditation practices for mental peace and self awareness. Teachers learned mindfulness techniques to manage stress and nurture emotional well-being.	• Practice mindfulness and meditation. • Improve emotional balance. • Foster mental well-being.	

16	Environmental Awareness – Give Me Trees- Mr. Vineet Vohra	May 26th , 2025	The workshop focused on the importance of trees and leaves, their medicinal and health benefits, and their contribution towards a clean and sustainable environment. Through informative discussions and practical examples, participants gained valuable insights into how nature positively impacts physical and mental well-being.	• Understood the importance of trees and leaves in maintaining a sustainable environment. • Learned about their medicinal and health benefits. • Gained appreciation for environmental conservation and biodiversity.	
17	Effective Exam Strategies for Student Success - Mr. Prodipto	May 26th , 2026	The workshop focused on effective teaching and assessment strategies that can help students perform better in examinations while reducing academic stress. The resource person shared practical techniques for time management, revision planning, concept clarity, and guiding students towards smarter learning habits.	• Learned effective teaching and assessment strategies to improve student performance. • Gained insights into time management and revision planning techniques.	

18	Early Childhood Care and Education- Ms. Mridul Jain	May 28th , 2026	The workshop focused on the holistic development of children in their early years, emphasizing emotional well-being, effective classroom practices, interactive learning methods, and the role of educators in building a strong foundation for lifelong learning. The session was informative, interactive, and enriching for all the participants.	• Understood the importance of holistic development in early childhood. • Learned effective classroom practices and interactive teaching methods. • Gained insights into supporting children's emotional well-being.	
19	Handling Aggression: Proactive Strategies- Ms. Salony Priya	May 28th , 2026	The workshop highlighted the importance of emotional regulation, positive communication, early intervention, and creating a supportive classroom environment. Through interactive discussions and real-life examples, the session empowered educators with proactive approaches to foster a safe, respectful, and emotionally balanced learning atmosphere. The workshop was insightful and highly beneficial for all the participants.	• Understood the importance of emotional regulation and positive communication in classrooms. • Learned strategies for early intervention and creating a supportive learning environment.	

20	AI Tools for educators- Ms. Nidhi Tewari	May 29th , 2026	The workshop provided hands-on exposure to practical AI applications that can support lesson planning, content creation, assessment, and interactive learning experiences. Teachers actively participated in discussions and activities, making the session both insightful and enriching.	• Understood practical applications of AI in teaching and learning. • Learned how to use AI tools for lesson planning, content creation, and assessment. • Explored ways to enhance interactive and engaging learning experiences.	
21	Computational Thinking and AI- Ms. Nidhi Tewari	May 29th , 2026	Through interactive discussions and practical examples, educators explored innovative ways to integrate computational thinking into classroom learning and prepare students for a technology-driven future. The workshop encouraged participants to think creatively, adapt to evolving educational practices, and embrace the possibilities of AI in enhancing teaching and learning experiences.	• Understood the importance of computational thinking in education. • Learned innovative ways to integrate technology and AI into classroom practices.	

22	Artisans Strings and Woods- Mr. Jyotirmoy & Ms. Rishika	May 29th , 2026	The workshop explored how rhythm, sound, vibrations, frequency, and patterns in music are deeply linked with principles of science. Through engaging activities and demonstrations, teachers gained fresh insights into interdisciplinary learning and the importance of integrating different subjects to make classroom teaching more meaningful and enjoyable for students.	• Understood the connection between music, science, and interdisciplinary learning. • Explored the role of rhythm, sound, vibrations, and patterns in scientific concepts. • Gained ideas to make teaching more creative, meaningful, and enjoyable.	
23	Making Learning Happen- Ms. Renu Malviya	May 30th , 2026	The session highlighted innovative, student-centred teaching practices that make learning meaningful and impactful. Through interactive discussions and practical strategies, educators explored ways to foster active participation, critical thinking, and deeper understanding among learners.	• Understood student-centred teaching practices for meaningful learning. • Learned strategies to promote active participation and critical thinking. • Explored methods to enhance student engagement and deeper understanding.	

24	Yoga Culmination- Ms. Rashmi Singh	May 30th , 2026	Participants enthusiastically demonstrated various yoga asanas and breathing techniques, showcasing discipline, focus, and flexibility. The programme emphasized the significance of incorporating yoga into daily life to enhance physical fitness, mental clarity, and emotional balance.	• Learned the importance of yoga for physical fitness and mental well-being. • Developed awareness of discipline, focus, and flexibility.	
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