

Fine Motor Development



- Zipping & Buttoning
- Handkerchief Folding
- Clay Moulding
- Tearing & Pasting
- Crayon Scribbling
- Finger/Brush Painting
- Finger Play
- Thread beads
- Lacing
- Colour/shape Sorting
- Puzzles
- Building Blocks

Gross Motor Development



- Walking on straight line
- Jump Forward using both legs
- Climbing Stairs
- Hopping
- Hit the target
- Dancing
- Balancing
- Bilateral Exercises

Nursery April, May & July



Marvelous Me



Science & Discovery

- Learn about body parts and how we use it
- Naming Sense Organs and how it is an integral part of our lives
- Learn to express emotions- happy, sad, angry
- Senses- Bingo Game
- Observation- Finger print



Learning Outcome

- Develop Sensory Experience
- Develop self care
- Learn new Vocabulary
- Develop Fine Motor
- Develop Gross Motor
- Learn about Good Touch & bad Touch
- Name their feelings using words and facial expressions
- fostering a positive self-image



Literacy/Stories

- Me & My Family
- Body Parts
- Feelings
- Sharing is Caring
- Good Touch Bad Touch

Stories

- Kissing Hand By Audrey Penn
- Marvelous Me by Lisa Bullard
- I like Me By Nancy Carlson
- The Skin You Live in by Michael Tyler
- Pete the Cat: Rocking in my white Shoes
- From Head to Toe by Eric Carl
- What I like About Me by Allia Zobel-Nole
- Love Makes a Family by Sophi Beer
- The way I Feel by Jana Cain
- Body Boundaries: Make Me Stronger by Elizabeth Cole

Phonic Sound Introduction:

- s, a, t, i, p, n



Socio-Emotional

- Rise & Shine: Follow/Settling in Class
- Routine: Keeping Bottles & Bags in designated place
- Basic Etiquette: eye contact, smiling, saying namaskar/hello
- Breathing exercise
- Mirror Mirror on the wall
- Learn about feelings
- Tidying up classroom
- Making Friends

Rhymes/Songs

- All of Me
- Clap Your Hands
- Red for the Poppy
- Circle is like a Ball
- What are your eyes for
- The More we get together



Numeracy/Cognitive

Colour:

- Red, Blue

Shape:

- Circle

Number Introduction

- 1 & 2

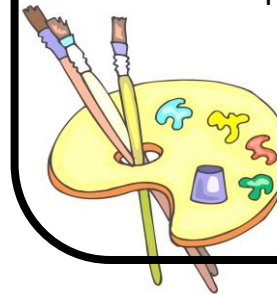
Concept

- Big and Small



Art & Craft

- Group Activity: My Body Puzzle
- Me: Super hero Puppet
- Five senses sorting mat
- Tissue paper Painting: I am Unique



Fine Motor Development

- Animal Mask
- Aquarium Adventure
- Clay Moulding
- Tearing & Pasting
- Scribbling
- Painting
- Hand Painting
- Thread beads
- Lacing
- Sorting
- Puzzles
- Building Blocks

Gross Motor Development

- Physical Exercise
- Jump Forward using both legs
- Animal Dance
- Jumping small hurdles
- Throw Ball over Head
- Follow simple movements in Dancing in response to oral instructions e.g. walk, turn, reach
- Balancing
- Bilateral Exercises

Nursery August & September



Tale About Tails



Science & Discovery

- Discover the world of animals
- Learn how to compare two or more things
- Learn about rainy season and its unique characteristics

Learning Outcome

- Learn about Animals
- Develop empathy towards living beings
- Learn new Vocabulary
- Develop Fine Motor
- Develop Gross Motor
- Learn about respecting animals and their habitats

Literacy/Stories



- Buddy Bratty's Story
- Rainy Season
- Sharing is Caring
- Farm, Water, Wild Animals

Stories

- Never Tickle a Tiger by Pamela Betchart
- Lion & the Mouse by Pegasus
- Brown Bear Brown Bear By Eric Carl
- Elmer by David mckee
- Giraffes can't Dance by Giles Andreas
- From Head to Toe by Eric Carl
- A Fish don't Sneeze by Kristie Watso
- Hippo has a Hat Julia Donaldson
- The The selfish Crocodile Faustin Charls

Phonic Sound Introduction:

- t, i, p, n, c, k, e, h, r

Socio-Emotional

- Pretend pet clinic or pet store: Develops empathy, responsibility, and kindness toward animals.
- Feeding the Birds Activity: Teaches responsibility, patience, and appreciation for nature.
- My Favorite Animal" Show & Tell: Develops confidence, social skills, and self-expression
- Animal Movement Game: Promotes self-expression, social bonding

Rhymes/Songs

- Bear went over the Mountain,
- Elephant walks like this
- Five little Monkeys
- Ek mota Hathi
- five speckled frog, Animal Song



Numeracy/Cognitive

Colour:

- Yellow

Shape:

- Triangle

Number Introduction

3 & 4

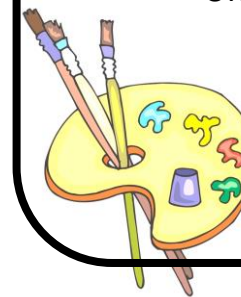
Concept

- More & less, Tall & Short



Art & Craft

- Group Activity: My Body Puzzle
- Me: Super hero Puppet
- Five senses Craft
- Tissue paper Painting: I am Unique



Fine Motor Development

- Sorting
- Puzzles
- Building Blocks
- Painting
- Game: Land, Water, Air Transport
- Clay Moulding
- Tearing & Pasting
- Vehicle SoundScape
- Make a Paper Glass Car

Gross Motor Development

- Musical Traffic Light
- Action Song Adventure
- Transportation Songs and Dance
- Throw Ball over Head
- Follow simple movements in Dancing in response to oral instructions e.g. walk, turn, reach
- Scavenger Hunt

Nursery October & November



Zip Zap Zoom



Science & Discovery

- Learn about different types of Vehicles and their Shapes, Sounds and Sizes. and how do cars move?
- Learn about the basic safety rules on road
- Learn about the traffic light
- Understand how vehicles help us travel, deliver goods and explore new places.

Learning Outcome

- Develop Sense of Road safety
- Develop Empathy and Responsibility
- Learn new Vocabulary
- Develop Fine Motor
- Develop Gross Motor
- Learn about different mode of transport
- Recognize and sort different Vehicles.

Literacy/Stories



- Land Transport
- Water Transport
- Air Transport
- Traffic Light
- Safety rules on Road

Stories

- The Wheels on the Bus –by Raffi Freight
- Train by Donald Crews
- Go, Dog. Go! by P.D. Eastman
- Little Blue Truck by Alice Schertle
- Things That Go by DK Books
- Zoom, Zoom, Baby by Karen Katz
- Fast and Slow by Britta Teckentrup
- Hippo has a Hat Julia Donaldson
- The The selfish Crocodile Faustin Charls

Phonic Sound Introduction:

- m, d, g, o, u, l, f,

Socio-Emotional

- Travel Buddies: Building Friendships
- Tidying Up the Classroom: Teaching Responsibility
- Traffic Light Emotions: Understanding & Expressing Emotions
- My Travel Reflection: build self-confidence and identity
- Basic Etiquette – "Ticket to Greetings"

Rhymes/Songs

- Red Light Red Light
- Wheels of the Bus
- Row, Row, Row your boat
- Puff a Train
- Lal Pilli Motor



Numeracy/Cognitive

Colour:

- Green, Yellow

Shape:

- Triangle, Rectangle, Square

Number Introduction

6,7 & 8

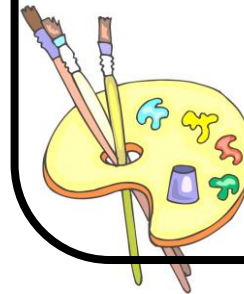
Concept

- Inside & outside, Near & Far



Art & Craft

- Design your own Vehicle
- Draw a Car
- Paper Plate Hot Air Balloon
- Make your own Transport Book



Fine Motor Development

- Colouring
- Painting
- Peg Play
- Bottle Cap Painting
- Sorting
- Puzzles
- Building Blocks
- Zipping & Buttoning
- Handkerchief Folding
- Clay Moulding
- Tearing & Pasting

Gross Motor Development

- Community Helpers Freeze Dance
- Jump Forward using both legs
- Community Helpers Relay Race
- Community Helpers Dance Party
- Throw Ball over Head
- Follow simple movements in Dancing in response to oral instructions e.g. walk, turn, reach
- Balancing
- Bilateral Exercises

Nursery December & January



Helping Hands



Science & Discovery

- Listening to Heart Beat
- Clean Hand Experiment
- Fire Needs Air
- Cleanliness Drive

Learning Outcome

- Understand the importance of Community Helpers
- Learn to Respect
- Learn new Vocabulary
- Develop Fine Motor
- Develop Gross Motor
- Learn about different tools used by Community Helpers

Literacy/Stories



- Policeman
- Doctor
- Teacher
- Driver
- Fire Fighter
- Barber
- Shopkeeper
- Gardner

Stories

- Whose Hands Are These? by Miranda Paul
- Clothesline Clues to Jobs People Do by Kathryn Heling & Deborah Hembrook
- Helpers in My Community by Bobbie Kalman
- When I Grow Up by Al Yankovic

Phonic Sound Introduction:

- b, j, z,

Socio-Emotional

- Role-Playing Community Helpers: develop empathy, teamwork, and respect for different jobs.
- Thank You Card for Helpers: Encourages gratitude and kindness
- Helping Hands Chart: Reinforces responsibility and cooperation.
- Visit or Virtual Meet with a Community Helper: respect and appreciation for their work.

Rhymes/Songs

- Little Fire Fighter
- Five Police Officers
- What is my Job
- Doctor Bhaiya



Numeracy/Cognitive

Colour:

- Red, Yellow, Blue, Green, Orange, Voilet

Shape:

- Triangle, Rectangle, Square, Circle

Number Introduction

9 & 10

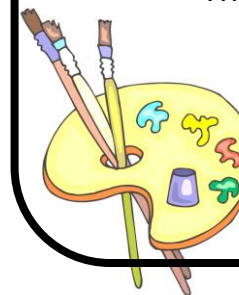
Concept

- Long & Short, On & Under



Art & Craft

- Community Helper Collage
- Community Helper sorting Game
- New Year Letter
- Mask Making
- Thankyou Card



Fine Motor Development

- Scribbling
- Painting
- Finger Play
- Thread beads
- Lacing
- Sorting
- Puzzles
- Building Blocks
- Zipping & Buttoning
- Handkerchief Folding
- Tearing & Pasting

Gross Motor Development

- Nature Walk
- Fruit & Vegetable Hockey Pockey
- Tree Stretch
- Spring Time Scarf Dance
- Throw Ball over Head
- Balancing
- Pretend Play
- Vegetable Garden Freeze Dance

Nursery February & March



Green Thumb



Science & Discovery

- Learn how Plants grow and what they need to thrive
- Name Different parts of Plant
- Learn importance of Plant

Learning Outcome

- Develop Sense of care towards Plants
- Learn about healthy eating
- Learn new Vocabulary
- Develop Fine Motor
- Develop Gross Motor
- Learn about Plants need
- Name the different parts of Plant

Literacy/Stories

- Plants and Trees
- Fruits
- Vegetables
- Insects
- Spring Season



Stories

- The Tiny Seed by Eric Carle
- Planting a Rainbow by Lois Ehlert
- From Seed to Plant by Gail Gibbons
- The Giving Tree by Shel Silverstein

Phonic Sound Introduction:

- w, v, y, x

Socio-Emotional

- Planting a Seed Together: Patience, Responsibility and Care
- My Plant, My Friend: Sense of Connection with nature
- Garden Buddy System: Build Teamwork
- Storytelling: "The Sad Tree": encourage empathy
- Leaf Sharing Circle: Appreciation for nature

Rhymes/Songs

- The Farmer Plants the Seed
- A Little Seed
- The Sun is Shining Bright
- All Around My Yard
- Aam



Numeracy/Cognitive

Colour:

- Green, Yellow, Red, Blue, Orange

Shape:

- Triangle, Rectangle, Square, Circle

Number Revision

1-10

Concept

- Empty & Full, Heavy & Light



Art & Craft

- Leaf Printing
- Vegetable Printing
- Drawing with Number
- Nature Collage making
- Fruits and Vegetables Rainbow

