



KIS/JUL/24-25/123

01.07.2024

Dear Parent

We are pleased to announce that the school will be conducting the **“Intramural Sports Programme” for Table Tennis, Yoga, Squash & Swimming**. To streamline this process, we are conducting trials in the respective PE periods to identify talented players to showcase their abilities and become a part of the House Team.

The schedule of the Intramural Sports Programme is as follows:

Grade 4

Sports	Trail-1	Semi Round	Final Round
Yoga	09/July/2024	10/July/2024	24/July/2024
Table Tennis	09/July/2024	10/July/2024	24/July/2024
Squash	09/July/2024	10/July/2024	24/July/2024
Swimming	09/July/2024	10/July/2024	24/July/2024

Grade 5

Sports	Trail-1	Semi Round	Final Round
Yoga	09/July/2024	15/July/2024	23/July/2024
Table Tennis	09/July/2024	15/July/2024	23/July/2024
Squash	09/July/2024	15/July/2024	23/July/2024
Swimming	09/July/2024	15/July/2024	23/July/2024

Grade 6 & 7

Sports	Trail-1	Semi Round	Final Round
Yoga	11/July/2024	18/July/2024	19/July/2024
Table Tennis	11/July/2024	18/July/2024	19/July/2024
Squash	11/July/2024	18/July/2024	19/July/2024
Swimming	11/July/2024	18/July/2024	19/July/2024

Grade 8

Sports	Trail-1	Semi Round	Final Round
Yoga	08/July/2024	15/July/2024	16/July/2024
Table Tennis	08/July/2024	15/July/2024	16/July/2024
Squash	08/July/2024	15/July/2024	16/July/2024
Swimming	08/July/2024	15/July/2024	16/July/2024

Grade 9 & 10

Sports	Trail-1	Semi Round	Final Round
Table Tennis	09/July/2024	11/July/2024	16/July/2024
Squash	09/July/2024	11/July/2024	16/July/2024
Swimming	09/July/2024	11/July/2024	16/July/2024

Grade 11 & 12

Sports	Trail-1	Semi Round	Final Round
Table Tennis	03/July/2024	10/July/2024	24/July/2024
Squash	03/July/2024	10/July/2024	24/July/2024
Swimming	03/July/2024	10/July/2024	24/July/2024

For further queries sports coaches, may be contacted, During School hours only.

Ms Monika Sharma	Yoga	9540646173
Ms Poonam Dubey	Table Tennis	9873882719
Mr Gourav Rawat	Sqaush	8445085508
Mr Govind	Swimming	9794242913

Warm Regards

Dr Sangeeta Arora