KIS Clubs - Pehal - Grade 4
Academic Session - 2024-25
April 03, 2024
'Alone we can do so little, together we can do so much.'

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- Helen Keller
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Dear Parents
Namaskar!
Co-curricular activities in school have helped students enhance communication skills, expression skills, public speaking, and a sense of belongingness. These activities help overall personality development in students. Cocurricular activities make students proactive and prepare them for future adventures.

At KIS, we encourage our children to expand their skills, and talents to become all-rounders. Therefore, we are excited to announce a plethora of club activities for the academic session 2023-24 especially designed for our students to help them develop their strengths, foster creative thinking, hone their communication skills, nurture their talents, and teach them how to work effectively with other people.

You are requested to help your ward to make $1^{\text {st }}, 2^{\text {nd }}$, and $3^{\text {rd }}$ preference choices in choosing the club of his/her choice. Please note, club activities will be offered on first-cum-first-serve basis as we have limited seats. You are requested to adhere to the deadline which is April 08, 2024.

A brief outline of each activity will guide you through the decision-making process. We sincerely endeavour to allot the first preference to your ward. However, the final decision shall rest with the Grade Tutor, to ensure the feasibility of conducting the activity.

CLUBS: Students can choose any one from the following:

1. Yoga - The purpose of this club is to ensure the overall development of the students by learning Yoga asanas, meditation, and deep breathing techniques. To possess emotional stability, integrate moral values, mind-body balance, increased flexibility, and strength (maximum number of seats - 20).
2. Taekwondo - Taekwondo provides the best physical fitness and self-defense-specific skill which may come in handy in times of trouble. It provides benefits in vision, body development, and mental awareness. The students will learn various ways of defending themselves in trouble (maximum number of seats - 20).
3. Coding - Coding is how we communicate with computers. By learning to write code, one can tell computers what to do and how to do it much faster. Students can use this skill to make websites and apps, and do lots of other cool things. Students will make apps in Thunkable and websites in HTML. (maximum number of seats - 14)
4. Art Studio - The purpose of the art club is to provide students an opportunity to explore art and craft forms beyond what is offered in the curriculum. They will be learning to work in different mediums with different surfaces giving them extraordinary artistic results (maximum number of seats - 24)
5. Keyboard - Under the fingers of a sensitive performer, the keyboard may also be used to control dynamics, phrasing, shading, and articulation. This club will tap into the multiple skill sets of children where they will learn to play basics \& songs. The child will have to carry his/her own keyboard (maximum number of seats - 10).
6. Guitar - Students will learn - Guitar anatomy - Basic symbols of staff notation, Guitar tablature symbols, Guitar tablature reading \& 2 instrumental presentations. The child will have to carry his/her own guitar (maximum number of seats - 10)
7. Indian Vocal Music - Classical Indian music is a genre of South Asian music, the other being film, regional folk, religious and devotional music. This club will facilitate a basic understanding of Indian music. Students will learn to sing Swara patterns and songs based on the classical style (maximum number of seats - 20 )
8. Percussion - Percussion instruments include any instrument that makes a sound when it is hit, shaken, or scraped. Drums, tambourines, and cymbals are all percussion instruments. This activity provides students with a platform to learn unique instruments. Students will learn various techniques of drum beats (maximum number of seats $\mathbf{- 2 0}$ )
9. Semi-classical Dance - Semi-classical Indian dance is an art form that features extensive movements of your body while maintaining grace along with expressions and speed. Interestingly, this dance form breaks what is called a stylized structure in classical dance. Students will learn to dance to various songs in categories of sufi, semiclassical, and warrior styles (maximum number of seats - 15).
10. International Dance - Dancehall allows people to dance no matter what they do and where they are along with naming their steps. Students will learn house dance forms involving more foot movement rather than hands. House dance has 4 main elements as follows: Footwork, Jacking, Lofting, and Salsa (maximum number of seats - 15).
11. Chess Club - Chess teaches how to make decisions, trains memory, strengthens willpower, motivates children to win, and teaches them how to deal with defeat. Students will be learning all the abovementioned skills in the chess club. The child will have to carry his/her own chess board (maximum number of seats $\mathbf{- 1 0}$ ).
12. Literary Club - This Club will aim to inspire children to write by reading books and using strategies to give a coherent piece of writing. It will be clubbed with Scholastic in the academic year ahead (maximum number of seats $\mathbf{- 1 5 \text { ). }}$
13. Ideation \& Robotics Club - This club is an engaging learner-driven experience that enhances STEM competency, confidence as well as $21^{\text {st }}$-century skills of critical thinking and problem solving needed for the near future (maximum number of seats - 15).
14. Athletics - This club will provide children with an opportunity to learn life skills, discipline, patience, perseverance, problem-solving, and communication skills (maximum number of seats - 15).
15. Debating and Public Speaking - Debating is an invaluable skill for students. This club will promote confidence and effective public presentation. It will encourage logical and critical thinking, social awareness, and an interest in current affairs (maximum number of seats - 20).

Please submit the duly filled Google Form stating your $1^{\text {st }}, 2^{\text {nd }}$, and $3^{\text {rd }}$ preference for Clubs, latest by April 08, 2024.

Regards


Dr. Sangeeta Arora
Principal

