

Kothari International School				
B-279, Sector-50, Noida				
Menu - Month of May-2023				
FIRST AND THIRD WEEK				
Breakfast				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Poori Aloo Bhaji	Rava Idli Sambhar with coconut chutney	Moong dal Cheela	Vegetable Vermicelli	Veg Poha
Fruit Salad	Naan Khatai	Seasonal fruit	Choco Chip cookies	Sprouts Salad
Chocolate Milk	Muesli Milk	Buttermilk	Bournvita milk	Ragi Choco flakes Milk
Lunch				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
White Choley	Kadhi Pakora	Black Masoor	Rajma	Veg Noodles
Aloo Jeera	Aloo Beans	Kadhai Paneer	Mix Vegetable	Veg Manchurian
Carrot Steamed Rice	Jeera Steamed Rice	Pea Steamed Rice	Steamed Rice	Fried Rice
Chapati	Chapati	Chapati	Missi Roti	Crispy Honey Potato / Chilli Paneer
Gulab Jamun	Tossed Salad	Sooji Halwa	Dahi Bhalla With Chutney	Vanilla Ice Cream
Snacks at the Time of Dispersal (Grades 1- 5)				
Petties	seasonal fruit	Muffin	Banana	Brownie
SECOND AND FOURTH WEEK				
Breakfast				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Rice Idli Sambhar with coconut chutney	Pav bhaji with chutney	Potato Sandwich and Bread Butter Jam	Veg Poha	Besan Spinach Parantha with Curd
Muffin	Salad	Jaggery	Banana	Kala Chana Chaat
Ragi Chocos Milk	Badam Milk	Masala Chhach	Cornflakes Milk	Lemonade/Lemon Tang
Lunch				
MONDAY	TUESDAY	WEDNESDAY	Chutney	FRIDAY
Black Chana Curry	Arhar Dal	Red Masoor Dal	Dal Makhni	Masala Dosa
Mater Paneer	Bhindi Kurkure	Kofta	Nutrela Peas	Idli
Jeera Steamed Rice	Steamed Rice	Veg Biryani	Veg Pulao	Sambhar
Chapati	Chapati	Ragi Chapati	Chapati	Tomato Rice & Chutney
Moong daal halwa	Sprout Salad	Fruit Custard	Pineapple Raita	Makhana Kheer
Snacks at the Time of Dispersal (Grades 1- 5)				
Brownie	Seasonal Fruit	Coconut Cookies	Banana	Petties
<b>*In any unavoidable circumstances / non availability of any item in the market ,the food menu can be changed by the School.9</b>				