

KOTHARI INTERNATIONAL SCHOOL
STANDING TOGETHER- COUNSELLING DEPARTMENT

STANDING TOGETHER- Counselling Department of Kothari International School strives to promote the psycho-socio-emotional well-being of the students, parents, and teachers.

STANDING TOGETHER, is working towards building a conducive and supportive ecosystem for the students to unfold into the best versions of themselves. The Counselling Department, use a variety of tools to assist all students in identifying and cultivating their intellectual strengths and personal attributes.

The counselling sessions are curated to support the students in various domains such as:



**Personality
Development**



**Academic
Counselling**



**Career Planning
& Enrichment**



**Psycho-social
Competencies**

The vision of the Kothari International School's Counselling Program is that all students, teachers, and parents are empowered with the knowledge and skills necessary to achieve academic, personal/social, and career success, and to reach their fullest potential and successfully manage their lives as healthy, responsible, competent and productive individuals who respect themselves and others.

Mental Health & Awareness

To ensure the emotional and psychological safety of the KIS family, an easy access to mental health services and support is provided. KIS provides counselling services to help one understand themselves better and to deal with their life situations. The Counselling Department of KIS- STANDING TOGETHER has trained Psychologists to handle behavioural and emotional challenges faced by children and adolescents. Counselling services are confidential and parents are free to get in touch with STANDING TOGETHER regarding any issue that worries them. They regularly collaborate with all stakeholders to help all students be successful academically, vocationally and personally. The parents, teachers, and students can seek counselling support by connecting with the School Counsellors.





Annual International Career & College Counselling (IC3) Conference

Ms. Nakkashi Jain represented KIS at the International Platform and Bagged 2 Scholarships for attending the event.

IC3 brings together high schools and higher education representatives for a collaborative dialogue on issues that prompt solutions in career and college counselling practices. The conference features breakout sessions and networking opportunities for school leaders, counsellors, teachers, university leaders, university admission representatives, and educational organizations to learn, connect, and build relationships.



KIS Annual Career Fair 2023

The Career Fair generated a revenue of Rs.55000/- for the School.

A Career Fair event with Grade 9-12 students is conducted annually by Standing Together- Counselling Department of KIS. Representatives of renowned Universities come on delegation to interact with the participants. Students and parents are given the opportunity to get hands-on information regarding the academic opportunities, admission procedures and funding opportunities. It is a very interesting and interactive event which the student find to be extremely informative and insightful.

The Universities that participated in the Virtual Annual Career Fair on 30th January 2022 were some of the most renowned Universities across the globe. Following universities were a part of the event-

1. Essec Business School
2. Alliance University
3. Ecole Intuit Lab
4. Woxsen University
5. Pearl Academy
6. Indian School of Hospitality
7. Royal Melbourne Institute of Technology
8. Kent State University
9. Monash University
10. University of Galway
11. Green River College
12. Indian Institute Of Art and Design



The representatives not only explained the Undergraduate opportunities, but also Postgraduate opportunities. Students were inquisitive to know about various courses, the most popular ones being Law, Management, Psychology, Medicine and Communication studies.

Career Enrichment and Internship Opportunities

Kothari International School's Career Counselling & Profile Building Program's objective is that all students are empowered with the knowledge and skills necessary to achieve academic, personal/social, and career success, and to reach their fullest potential and successfully manage their lives as healthy, responsible, competent and productive individuals who respect themselves and others.

- ***46 Career Enrichment and Profile Building sessions were organized for the students of grades 9-12.***
- ***Students were helped with major internship/volunteer Programs with***
 - ✓ ***Edunet-IBM (for Grades 9-12)-*** (www.edunetfoundation.org) which is a leading Indian NGO focused on education, skilling, employment, and entrepreneurship. KIS always prioritizes holistic growth and development of the students, which can go beyond textbook learning.
 - ✓ ***Experiment Lab (Grades 8-12)*** (<https://www.experimentlabs.in/>) is a leadership development platform that transforms young minds to think as leaders. Children in their formative years tend to learn and observe most efficiently. Hence, they help them find their talents, strengths, and weaknesses through our programs. With their exceptional teaching framework and class-apart training regime, children learn what it takes to become beaming leaders. This 6 week internship program was successfully completed by Siyona Abbey (GR 8) Samaira Armdatti Dudha (GR 11), Sarvagya Mahajan (GR 11).
 - ✓ ***Mindler (Grades 11-12) in collaboration with PUMA is launching a Corporate Experience Program to enable students aged 15 to 20 years to learn how global organisations market their products.***



Study Abroad Desk at School Campus

With the aim to help students seamlessly through the admission and college selection processes, Kothari International School has joined hands with IDP Education (<https://www.idp.com/india/>). IDP India is the world leader in international student placement and co-owner of IELTS. Apart from assisting the students choose the right university and course, students are guided with application submission, visa processing and the like.



Scholarships:

- **KIS X Monash University-**
according to which
 - One student receives a Scholarship worth A\$ 30000 (A\$ 10000 p.a. for a 3-year duration program)
 - students receive a Study Grant worth A\$ 10000 one-time on course fee
 - Registration Fee waivers to all Kotharians

- **The World Forward Fellowship,** A collaborative effort of centers at Harvard and MIT.
3 students of KIS Applied for same. Harith Oberoi of Grade 8 bagged the scholarship



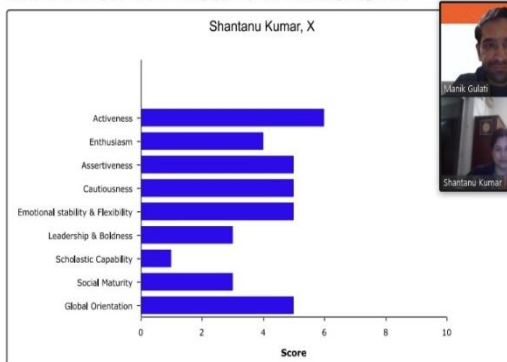
Student Profile Building Program

As soon as the student moves out from the school setup, they enter into a new world. A world which can be challenging, competitive and confusing as well. KIS Counselling Department provides students with the support to plan their career and build a strong profile.

KIS Collaborated with:

- **Extramarks Education India Pvt. Ltd.** to help students assess their Interests, Aptitude and Personality traits and carve out a career plan. The school earned a sum of Rs. 2800/- from this activity.

modifications can always be made with time. It plays a very vital role in choosing the right career.

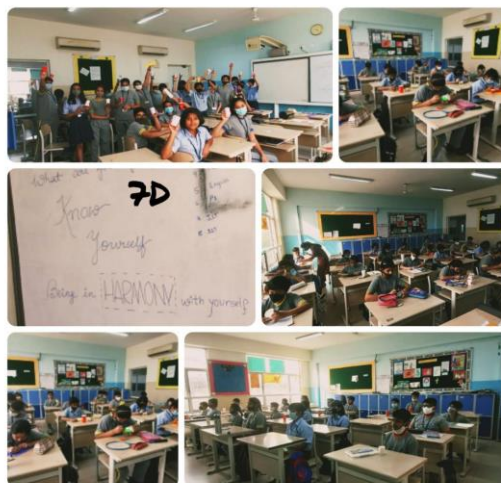


- **CIALFO** to provide a digital platform for students to explore and find a course that best fits their interest and aptitude.



Life Skills Education

The aim is to help students sharpen the psychosocial competencies and interpersonal skills that can, in turn, help them with making informed decisions, solve problems, think critically and creatively, communicate effectively, build healthy relationships, empathize with others, and cope with and manage their lives in a healthy and productive manner. Month-wise Modules were curated for all the grades from K-12. **Annexure Attached.**



Community and Social Outreach Programs

It is important for a student to experience opportunities which help in connecting with the community and volunteer their time and energy and contribute positively to the lives of the people around them. Such community outreach opportunities provide students a chance to make a difference in someone's life and understand selflessness during this journey. Students while volunteering and working with others can help them in making changes to social injustices happening around them. Kothari International School provides students with opportunities in giving back to the society and make a difference in someone's life. The school collaborates with various NGO's to bring forward various prospects for the students.

- ✓ **Edunet-IBM (for Grades 9-12)-** (www.edunetfoundation.org) which is a leading Indian NGO focused on education, skilling, employment, and entrepreneurship. KIS always prioritizes holistic growth and development of the students, which can go
- ✓
- ✓ beyond textbook learning.

- ✓ **Goonj (Grades K-12)** (<https://goonj.org/>) is a non-governmental organisation headquartered in New Delhi, India, that undertakes disaster relief, humanitarian aid and community development in parts of 23 states across India. Goonj focuses on clothing as a basic but unaddressed need. The school organized a "Joy of Sharing drive" in collaboration with the **"Engagement with Community Club"**

- ✓ **Seva Bharti- Teens4Seva**

teaching many subjects to the underprivileged children as also the children of the frontline workers, through regular telephonic conversations, Zoom/Google meets and WhatsApp video calls. The Kotharian leaders prepare google sheets, documents and google forms for this purpose.



गूँज..
GOONJ.. a voice, an effort
www.goonj.org



CBSE and other Adolescent and Peer Education Programmes

KIS Students are regularly motivated and encouraged to take part in various Adolescent and Peer Education Programmes. Students have often taken part for CBSE, Fortis Hospital, Moolchand Hospital Peer Education Programme. Ms. Vanya, the school counsellor along with 3 students attended the CBSE National Adolescent Summit 2022.



The **Counselling Department** has **trained Psychologists**, skilled in dealing with children and adolescents. They regularly collaborate with all stakeholders to help all students be successful academically, vocationally and personally. The parents, teachers, and students can seek counselling support by connecting with the School Counsellors.

Counselling process is absolutely **confidential** and parents are free to get in touch with the counsellor regarding any issue that worries them.

STANDING TOGETHER
COUNSELLING DEPARTMENT
Nakkashi Jain
Vanyaa Chadha

ANNEXURE : LIFE SKILLS MODULES

GRADES K-3			
MONTH	TOPIC	LEARNING OBJECTIVES	LEARNING OUTCOMES
APRIL	Healthy living habits- Personal hygiene	<p>The session is designed to help students about:</p> <ul style="list-style-type: none"> •Personal hygiene covering all aspects of keeping the bodies clean •Preventing the spread of germs by following certain accepted practices such as washing hands before meals, covering the mouth when coughing and bathing regularly. 	<p>At the end of this module, students will be able to do the following:</p> <ul style="list-style-type: none"> •Integrate the techniques learnt during the session in their day to day life
	Social Graces & Etiquette	<ul style="list-style-type: none"> •Understanding the terms like Etiquettes & Good Manners •Understanding the types of Social Graces 	<ul style="list-style-type: none"> •Curating Tangible prompts as cues to be used daily
	Etiquette at Home	<ul style="list-style-type: none"> •Meeting & Greeting at Home •Meeting & Introducing oneself to the visitors 	<ul style="list-style-type: none"> •Use prompts for meeting & greeting the family members from different age groups •Introducing oneself confidently
MAY	Table Manners	<ul style="list-style-type: none"> •Dining Etiquette •Using Basic Cutlery 	<ul style="list-style-type: none"> •Effectively using Basic Cutlery •Handling the Napkin, Plates and Glassware •Dining- Dos and Don'ts
	Grooming for School	<ul style="list-style-type: none"> •Dressing & Grooming skills up for School 	<ul style="list-style-type: none"> •Dressing up for School •Dressing up for Online Classes •Dressing for Play
	Etiquette in Public Places	<ul style="list-style-type: none"> •Meeting & Greeting people •Respect towards Public Property 	<ul style="list-style-type: none"> •Greeting people across age groups •Respect towards Public Property
	Netiquettes	<ul style="list-style-type: none"> •Acquainting the students with the significance of netiquettes 	<ul style="list-style-type: none"> •Learning the rules while communicating online
JULY	Netiquettes	Acquainting the students with the significance of netiquettes	Learning the rules while communicating online

	Effective Communication	Importance of communication in their personal as well as professional growth.	Gaining awareness and guidance to develop an effective way to express and engage.
	Value of Time	Significance of time	Acknowledging the value of time, in order to achieve their goals.
	Managing Emotions	Role of emotions	Recognising the importance of managing emotions to enrich overall well-being.
AUGUST	Netiquettes	Acquainting the students with the significance of netiquettes	Learning the rules while communicating online
	Effective Communication	Importance of communication in their personal as well as professional growth.	Gaining awareness and guidance to develop an effective way to express and engage.
	Value of Time	Significance of time	Acknowledging the value of time, in order to achieve their goals.
	Managing Emotions	Role of emotions	Recognising the importance of managing emotions to enrich overall well-being.
SEPTEMBER	Kindness (Part-1)	Knowing the concept of kindness	Learning the meaning of kindness.
	Kindness (Part-2)	Ways to practise kindness	Developing acts of kindness in their daily lives.
	Gratitude (Part-1)	Importance of gratitude	Acknowledging the importance of gratitude.
	Gratitude (Part-2)	Practising gratitude	Recognising ways to practising gratitude, to enhance well-being.
OCTOBER	Creative thinking (Part-1)	Meaning of creative thinking	Understanding the aspect of creative thinking.
	Creative thinking (Part-2)	Importance of creative thinking	Gaining the importance of creative thinking in their daily lives.

NOVEMBER	Problem-solving (Part-1)	Introduction to problem-solving	Gaining about problem-solving.
	Problem-solving (Part-2)	Techniques of problem-solving	Acknowledging the ways to practise problem-solving skills.
	Decision-making (Part-1)	Concept of decision-making	Learning the notion of decision-making.
	Decision-making (Part-2)	Significance of decision-making	Recognising the ways to take appropriate decisions.
DECEMBER	Self-care (Part-1)	Knowing the importance of self-care	Gaining about the significance of self-care in enriching health.
	Self-care (Part-2)	Practising self-care	Creating a self-care routine on a daily basis.
	Stress-management (Part-1)	Meaning of stress-management	Learning about the significance of stress-management.
	Stress-management (Part-2)	Techniques for managing stress	Recognising the ways to practise stress-management.
JANUARY	Resilience (Part-1)	Meaning of Resilience	Gaining about the significance of resilience on their well-being.
	Resilience (Part-2)	Practising resilience	Engaging in resilience on a daily basis.
	Self-confidence (Part-1)	Significance of self-confidence	Learning about the importance of self-confidence.
FEBRUARY	Self-regulation (Part-1)	Notion of self-regulation	Learning about the significance of self-regulation on their lives.
	Self-regulation (Part-2)	Importance of self-regulation	Gaining the aspect of self-regulation on a daily basis.

	Self-esteem (Part-1)	Meaning of self-esteem	Learning about the importance of self-esteem.
	Self-esteem (Part-2)	Practising self-esteem	Indulging in practise of self-esteem on a regular basis.
MARCH	01/03/2023	Self-discipline (Part-1)	Concept of self-discipline
	15/03/2023	Self-discipline (Part-2)	Importance of self-discipline
	22/03/2023	Team building (Part-1)	Recognising Team-building
	29/03/2023	Team building (Part-2)	Practising Team-building

GRADES 4 & 5				
GRADE	MONTH	TOPIC	LEARNING OBJECTIVES	LEARNING OUTCOMES
4-5 (MONDAY) GT Period	APRIL	Know Yourself	<ul style="list-style-type: none"> •Understanding the meaning of knowing oneself •Understanding the Importance of Life skills 	<ul style="list-style-type: none"> •Gaining insight into oneself
		Healthy living habits- Personal hygiene	<ul style="list-style-type: none"> •Understaning the terms like 'hygiene' & 'Personal hygiene' •Understanding the importance of having good personal hygiene •Understanding steps to personal hygiene 	<ul style="list-style-type: none"> •Integrate the techniques learnt during the session in their day to day life •Following steps to personal hygiene
		Social Graces/ Etiquette	<ul style="list-style-type: none"> •Understaning the terms like Ettiquettes & Good Manners •Understanding the types of Social Graces 	<ul style="list-style-type: none"> •Have Tangible prompts as cues to be used daily •Using Social Graces confidently
		Importance of Wearing a Tie	<ul style="list-style-type: none"> •Understaning the concept of discipline •Rules of following a discipline 	<ul style="list-style-type: none"> •Etiquette for school •Rules of Maintaing discipline

4-5 (MONDAY) GT Period	MAY	Table Manners	<ul style="list-style-type: none"> •Dining Etiquette •Using Basic Cutlery 	<ul style="list-style-type: none"> •Effectively using Basic Cutlery •Handling the Napkin, Plates and Glassware •Dining- Dos and Don'ts
		Grooming for School	•Dressing & Grooming skills up for School	<ul style="list-style-type: none"> •Dressing up for School •Dressing up for Online Classes •Dressing for Play
		Etiquette in Public Places	<ul style="list-style-type: none"> •Meeting & Greeting people •Respect towards Public Property 	<ul style="list-style-type: none"> •Greeting people across age groups •Respect towards Public Property
		Netiquettes	•Acquainting the students with the significance of netiquettes	•Learning the rules while communicating online
4-5 (MONDAY) GT Period	JULY	Netiquettes	Acquainting the students with the significance of netiquettes	Learning the rules while communicating online
		Effective Communication	Importance of communication in their personal as well as professional growth.	Gaining awareness and guidance to develop an effective way to express and engage.
		Value of Time	Significance of time	Acknowledging the value of time, in order to achieve their goals.
		Managing Emotions	Role of emotions	Recognising the importance of managing emotions to enrich overall well-being.
4-5 (MONDAY) GT Period	AUGUST	Netiquettes	Acquainting the students with the significance of netiquettes	Learning the rules while communicating online
		Effective Communication	Importance of communication in their personal as well as professional growth.	Gaining awareness and guidance to develop an effective way to express and engage.
		Value of Time	Significance of time	Acknowledging the value of time, in order to achieve their goals.
		Managing Emotions	Role of emotions	Recognising the importance of managing emotions to enrich overall well-being.

4-5 (MONDAY) GT Period	SEPTEMBER	Kindness (Part-1)	Knowing the concept of kindness	Learning the meaning of kindness.
		Kindness (Part-2)	Ways to practise kindness	Developing acts of kindness in their daily lives.
		Gratitude (Part-1)	Importance of gratitude	Acknowledging the importance of gratitude.
		Gratitude (Part-2)	Practising gratitude	Recognising ways to practising gratitude, to enhance well-being.
4-5 (MONDAY) GT Period	OCTOBER	Creative thinking (Part-1)	Meaning of creative thinking	Understanding the aspect of creative thinking.
		Creative thinking (Part-2)	Importance of creative thinking	Gaining the importance of creative thinking in their daily lives.
4-5 (MONDAY) GT Period	NOVEMBER	Problem-solving (Part-1)	Introduction to problem-solving	Gaining about problem-solving.
		Problem-solving (Part-2)	Techniques of problem-solving	Acknowledging the ways to practise problem-solving skills.
		Decision-making (Part-1)	Concept of decision-making	Learning the notion of decision-making.
		Decision-making (Part-2)	Significance of decision-making	Recognising the ways to take appropriate decisions.
4-5 (MONDAY) GT Period	DECEMBER	Self-care (Part-1)	Knowing the importance of self-care	Gaining about the significance of self-care in enriching health.
		Self-care (Part-2)	Practising self-care	Creating a self-care routine on a daily basis.

		Stress-management (Part-1)	Meaning of stress-management	Learning about the significance of stress-management.
		Stress-management (Part-2)	Techniques for managing stress	Recognising the ways to practise stress-management.
4-5 (MONDAY) GT Period	JANUARY	Resilience (Part-1)	Meaning of Resilience	Gaining about the significance of resilience on their well-being.
		Resilience (Part-2)	Practising resilience	Engaging in resilience on a daily basis.
		Self-confidence (Part-1)	Significance of self-confidence	Learning about the importance of self-confidence.
4-5 (MONDAY) GT Period	FEBRUARY	Self-regulation (Part-1)	Notion of self-regulation	Learning about the significance of self-regulation on their lives.
		Self-regulation (Part-2)	Importance of self-regulation	Gaining the aspect of self-regulation on a daily basis.
		Self-esteem (Part-1)	Meaning of self-esteem	Learning about the importance of self-esteem.
		Self-esteem (Part-2)	Practising self-esteem	Indulging in practise of self-esteem on a regular basis.
4-5 (MONDAY) GT Period	MARCH	Self-discipline (Part-1)	Concept of self-discipline	Knowledge of self-discipline on a regular basis.
		Self-discipline (Part-2)	Importance of self-discipline	Significance of self-discipline on a regular basis.
		Team building (Part-1)	Recognising Team-building	Gaining team-building on a regular basis
		Team building (Part-2)	Practising Team-building	Applying the skills of team-building in their lives.

GRADES 6-8

GRADE	VALUE OF THE MONTH	LEARNING OBJECTIVES	LEARNING OUTCOMES
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6-8 (THURSDAY) GT Period	HARMONY	<ul style="list-style-type: none"> •Understanding the meaning of Life Skills •Understanding the Importance of Life skills 	<ul style="list-style-type: none"> •Gaining insight into the types of Lifes Skills
		<ul style="list-style-type: none"> •Students gain a preliminary understanding of the different types of learning styles 	<ul style="list-style-type: none"> •Gain an insight into the Learning styles •Identifying their own learning styles using a tool
		<ul style="list-style-type: none"> •Learn the study techniques to optimize one's own learning style. 	<ul style="list-style-type: none"> •Learning Techniques that can be used for better learning
		<ul style="list-style-type: none"> •Techniques of effective notes that will help you learn and retain information. 	<ul style="list-style-type: none"> •Gaining the skills of making mind maps •Gaining other effective note-taking strategies
6-8 (THURSDAY) GT Period	APPRECIATION	<ul style="list-style-type: none"> •Acknowledge the importance of mnemonics and it's usage in the academic lives 	Learning several mnemonics, in order to create notes of the concepts taught in class.
		<ul style="list-style-type: none"> • Identify and share their interests, aspirations, strengths, weaknesses and concerns. • Enhance profound understanding of self. • Enhance Self-Awareness. 	<ul style="list-style-type: none"> • Identify and share their interests, aspirations, strengths, weaknesses and concerns. • Enhance Self-Awareness.
		<ul style="list-style-type: none"> • Introducing the art of perspective of another • Exploring the Difference between Sympathy & Empathy • Introducing the 5 steps of advanced empathy 	<ul style="list-style-type: none"> • Practice taking the perspective of another • Learn what empathy is • Learn the 5 steps of advanced empathy • Through homework, will practice showing empathy for those who think differently/ appear different
		<ul style="list-style-type: none"> • Appreciate different kinds of relationships • Gain ways to work in teams and identify their strengths 	<ul style="list-style-type: none"> •Formulating a Relationships web and identifying healthy relationships
6-8 (THURSDAY) GT Period	RESPECT	<ul style="list-style-type: none"> •Acknowledge the importance of mnemonics and it's usage in the academic lives 	Learning several mnemonics, in order to create notes of the concepts taught in class.
		<ul style="list-style-type: none"> • Identify and share their interests, 	<ul style="list-style-type: none"> • Identify and share their interests, aspirations, strengths,

		aspirations, strengths, weaknesses and concerns. • Enhance profound understanding of self. • Enhance Self-Awareness.	weaknesses and concerns. • Enhance Self-Awareness.
		• Introducing the art of perspective of another • Exploring the Difference between Sympathy & Empathy • Introducing the 5 steps of advanced empathy	• Practice taking the perspective of another • Learn what empathy is • Learn the 5 steps of advanced empathy • Through homework, will practice showing empathy for those who think differently/ appear different
		• Appreciate different kinds of relationships • Gain ways to work in teams and identify their strengths	•Formulating a Relationships web and identifying healthy relationships
6-8 (THURSDAY) GT Period	FORTITUDE	Introduction to creative thinking	Gaining the importance of effectively using creative thinking in their thoughts, words and action
		Techniques of creative thinking	Learning to be creative by experimenting, exploring, questioning assumptions, using imagination and synthesizing information.
		Identifying the conflicts	Acknowledging the importance of conflicts in improving their interpersonal relationships.
		Significance of conflict management	Developing ways to manage conflicts, in order to enrich their interpersonal relationships.
6-8 (WEDNESDAY) GT Period	COURAGE	Knowing the concept of kindness	Learning the meaning of kindness.
		Ways to practise kindness	Developing acts of kindness in their daily lives.
	GRATITUDE		Gaining about problem-solving.

6-8 (THURSDAY) GT Period		Introduction to problem-solving	
		Techniques of problem-solving	Acknowledging the ways to practise problem-solving skills.
		Concept of decision-making	Learning the notion of decision-making.
		Significance of decision-making	Recognising the ways to take appropriate decisions.
6-8 (THURSDAY) GT Period	EMPATHY & COMPASSION	Introduction to problem-solving	Gaining about problem-solving.
		Techniques of problem-solving	Acknowledging the ways to practise problem-solving skills.
		Concept of decision-making	Learning the notion of decision-making.
		Significance of decision-making	Recognising the ways to take appropriate decisions.
6-8 (THURSDAY) GT Period	HOPE	Knowing the importance of self-care	Gaining about the significance of self-care in enriching health.
		Practising self-care	Creating a self-care routine on a daily basis.
6-8 (THURSDAY) GT Period	SUSTAINABLE LIVING	Knowing the importance of self-care	Gaining about the significance of self-care in enriching health.
		Practising self-care	Creating a self-care routine on a daily basis.
		Meaning of stress-management	Learning about the significance of stress-management.
		Techniques for managing stress	Recognising the ways to practise stress-management.

6-8 (THURSDAY) GT Period	MARCH	Self-discipline (Part-1)	Concept of self-discipline
		Self-discipline (Part-2)	Importance of self-discipline
		Team building (Part-1)	Recognising Team-building
		Team building (Part-2)	Practising Team-building

GRADES 9-12				
GRADE	MONTH	TOPIC	LEARNING OBJECTIVES	LEARNING OUTCOMES
10-12 (FRIDAY) GT Period	MARCH			
		Introduction to Life Skills	<ul style="list-style-type: none"> •Understanding the meaning of Life Skills •Understanding the Importance of Life skills 	<ul style="list-style-type: none"> •Gaining insight into the types of Lifes Skills
		Discover Your Learning Style-Part 1	<ul style="list-style-type: none"> •Students gain a preliminary understanding of the different types of learning styles 	<ul style="list-style-type: none"> •Gain an insight into the Learning styles •Identifying their own learning styles using a tool
9-10 (TUESDAY) GT Period	APRIL	Know Yourself	<ul style="list-style-type: none"> •Understanding the meaning of Life Skills •Understanding the Importance of Life skills 	<ul style="list-style-type: none"> •Gaining insight into the types of Lifes Skills
		Introduction to Goal setting	<ul style="list-style-type: none"> •Students gain a preliminary understanding of the different types of learning styles 	<ul style="list-style-type: none"> •Gain an insight into the Learning styles •Identifying their own learning styles using a tool
		Introduction to note-taking	<ul style="list-style-type: none"> •Learn the study techniques to optimize one's own learning style. 	<ul style="list-style-type: none"> •Learning Techniques that can be used for better learning
		Cornell Method of Note-taking	<ul style="list-style-type: none"> •Techniques of effective notes that will help you learn and retain information. 	<ul style="list-style-type: none"> •Gaining the skills of making mind maps •Gaining other effective note-taking strategies
9-10 (TUESDAY) GT Period	MAY	Remembering What You Read	<ul style="list-style-type: none"> •Acknowledge the importance of mnemonics and it's 	Learning several mnemonics, in order to create notes of the concepts taught in class.

			usage in the academic lives	
		Understanding Self	<ul style="list-style-type: none"> • Identify and share their interests, aspirations, strengths, weaknesses and concerns. • Enhance profound understanding of self. • Enhance Self-Awareness. 	<ul style="list-style-type: none"> • Identify and share their interests, aspirations, strengths, weaknesses and concerns. • Enhance Self-Awareness.
		Empathy	<ul style="list-style-type: none"> • Introducing the art of perspective of another • Exploring the Difference between Sympathy & Empathy • Introducing the 5 steps of advanced empathy 	<ul style="list-style-type: none"> • Practice taking the perspective of another • Learn what empathy is • Learn the 5 steps of advanced empathy • Through homework, will practice showing empathy for those who think differently/ appear different
		Managing Relationships	<ul style="list-style-type: none"> • Appreciate different kinds of relationships • Gain ways to work in teams and identify their strengths 	•Formulating a Relationships web and identifying healthy relationships
9-10 (TUESDAY) GT Period	JULY	Remembering What You Read	•Acknowledge the importance of mnemonics and it's usage in the academic lives	Learning several mnemonics, in order to create notes of the concepts taught in class.
		Understanding Self	<ul style="list-style-type: none"> • Identify and share their interests, aspirations, strengths, weaknesses and concerns. • Enhance profound understanding of self. • Enhance Self-Awareness. 	<ul style="list-style-type: none"> • Identify and share their interests, aspirations, strengths, weaknesses and concerns. • Enhance Self-Awareness.
		Empathy	<ul style="list-style-type: none"> • Introducing the art of perspective of another • Exploring the Difference between Sympathy & Empathy • Introducing the 5 steps of advanced empathy 	<ul style="list-style-type: none"> • Practice taking the perspective of another • Learn what empathy is • Learn the 5 steps of advanced empathy • Through homework, will practice showing empathy for those who think differently/ appear different
		Managing Relationships	<ul style="list-style-type: none"> • Appreciate different kinds of relationships • Gain ways to work in 	•Formulating a Relationships web and identifying healthy relationships

			teams and identify their strengths	
9-10 (TUESDAY) GT Period	AUGUST	Creative thinking (Part-1)	Introduction to creative thinking	Gaining the importance of effectively using creative thinking in their thoughts, words and action
		Creative thinking (Part-2)	Techniques of creative thinking	Learning to be creative by experimenting, exploring, questioning assumptions, using imagination and synthesizing information.
		Conflict management (Part-1)	Identifying the conflicts	Acknowledging the importance of conflicts in improving their interpersonal relationships.
		Conflict management (Part-2)	Significance of conflict management	Developing ways to manage conflicts, in order to enrich their interpersonal relationships.
9-10 (TUESDAY) GT Period	OCTOBER	Kindness (Part-1)	Knowing the concept of kindness	Learning the meaning of kindness.
		Kindness (Part-2)	Ways to practise kindness	Developing acts of kindness in their daily lives.
9-10 (TUESDAY) GT Period	NOVEMBER	Problem-solving (Part-1)	Introduction to problem-solving	Gaining about problem-solving.
		Problem-solving (Part-2)	Techniques of problem-solving	Acknowledging the ways to practise problem-solving skills.
		Decision-making (Part-1)	Concept of decision-making	Learning the notion of decision-making.
		Decision-making (Part-2)	Significance of decision-making	Recognising the ways to take appropriate decisions.

9-10 (TUESDAY) GT Period	DECEMBER	Self-care (Part-1)	Knowing the importance of self-care	Gaining about the significance of self-care in enriching health.
		Self-care (Part-2)	Practising self-care	Creating a self-care routine on a daily basis.
		Stress-management (Part-1)	Meaning of stress-management	Learning about the significance of stress-management.
		Stress-management (Part-2)	Techniques for managing stress	Recognising the ways to practise stress-management.
9-10 (TUESDAY) GT Period	JANUARY	Resilience (Part-1)	Meaning of Resilience	Gaining about the significance of resilience on their well-being.
		Resilience (Part-2)	Practising resilience	Engaging in resilience on a daily basis.
		Self-confidence (Part-1)	Significance of self-confidence	Learning about the importance of self-confidence.
		Self-confidence (Part-2)	Application of self-confidence	Using the techniques to practise self-confidence.
9-10 (TUESDAY) GT Period	FEBRUARY	Self-regulation (Part-1)	Notion of self-regulation	Learning about the significance of self-regulation on their lives.
		Self-regulation (Part-2)	Importance of self-regulation	Gaining the aspect of self-regulation on a daily basis.
		Self-esteem (Part-1)	Meaning of self-esteem	Learning about the importance of self-esteem.
		Self-esteem (Part-2)	Practising self-esteem	Indulging in practise of self-esteem on a regular basis.
9-10 (TUESDAY) GT Period	MARCH	Self-discipline (Part-1)	Concept of self-discipline	Knowledge of self-discipline on a regular basis.
		Self-discipline (Part-2)	Importance of self-discipline	Significance of self-discipline on a regular basis.
		Team building (Part-1)	Recognising Team-building	Gaining team-building on a regular basis
		Team building (Part-2)	Practising Team-building	Applying the skills of team-building in their lives.

Workshops/ Enrichment Sessions

WORKSHOPS/ ENRICHMENT SESSIONS APRIL 2022		
GRADES	WORKSHOPS/PROFILE BUILDING SESSIONS/CAREER DEVELOPMENT COURSES/TEACHERS DEVELOPMENT PROGRAMS	DESCRIPTION
GRADE 12 (2022-2023)	WORKSHOP: COMMON UNIVERSITY ENTRANCE TEST- Offline Mode	As a part of KIS Enrichment Programme, an intuitive session was organised with PRATHAM an educational institute, in order to assist the students towards gaining an understanding about Common University Entrance Test after Grade 12. In the workshop, he focused on the aspects of CUET, language criteria, test paper pattern, syllabus, domain specific subjects, and even the duration of the entrance test. Further, he cleared the doubts of the students, and ensured that the students established an understanding as to how they should approach their preparation for the entrance exams.
GRADE 12 (2021-2022)	WORKSHOP: COMMON UNIVERSITY ENTRANCE TEST- Online Mode	
GRADE 12	WORKSHOP: WALKING CULTURE	As a part of KIS Enrichment Programme, an insightful session was organised with SILICA, INDIAN INSTITUTE OF ART & DESIGN and ECOLE, in order to assist the Grade 12 students about walking culture. They enabled the students in showcasing out of box thinking, visual sensitivity as well as communication skills with regard to fashion and communication design. In the workshop, they conducted several activities with the students, in order to help them acknowledge their lives at the present moment.
GRADE 12	PROFILE BUILDING SESSION	As a part of KIS Enrichment Program, an interesting session was organised with esteemed dignities from Green River College to enable the students of Grade 12 and AS as well as A level in understanding the importance of profile building for studying abroad. They facilitated the students in determining the significance of profile building for study abroad applicants. In the workshop, they highlighted the 2+2 transfer programs present in their college, preparation for SATs, English exams, framing essays, and the top colleges for getting admissions. And, they even shared the relevance of getting a good GPA in making the presence of a student apart from others

GRADES 6-12	ROAD SAFETY AWARENESS WEEK	<p>Kothari International School, Noida celebrated the Road Safety Week from 18th-23rd April, 2022. To create awareness of Road Safety among students various activities were conducted such as :</p> <p>Awareness Drives blending Art & Expression</p> <ul style="list-style-type: none"> •Road Safety Quiz •Master Trainings by Traffic Safety Department, Gautam Budh Nagar for students & Bus Driving Staff •Road Safety Oath Taking
GRADE 12	WEBIFAIRS with KIC UNIV ASSIST	As a part of KIS Enrichment Program, an insightful session was conducted with KIC UnivAssist, in order to assist the students to virtually meet the university admissions officers across the world. They even helped the students to discuss their questions, examine their future career options, and at the same time gain a perspective towards a higher education institution that is best suited for them.
GRADES 11-12	INTERACTION WITH DELEGATES OF UNIVERSITY OF BIRMINGHAM	As a part of KIS Enrichment Program, an enriching session was conducted with Global University -The University of Birmingham, UK in order to assist the students of grades 11-12 XI and XII in an interaction with the delegates from the University. Further, they discussed the several options available and even gain information pertaining to the admission process.

WORKSHOPS/ ENRICHMENT SESSIONS MAY 2022		
GRADES	WORKSHOPS/PROFILE BUILDING SESSIONS/CAREER DEVELOPMENT COURSES/TEACHERS DEVELOPMENT PROGRAMS	DESCRIPTION
Grades 4-12	Self Reflection & Appreciation Program	<p>Self Reflection & Appreciation Program</p> <p>Kothari International School's one of its kind initiatives to acknowledge and appreciate good behavior displayed by the students. With Kothari's ethos of helping students bloom in every sphere of life, the school has intricately curated the Self Reflection and Appreciation Program.</p>
Grades 8-12	Community Outreach & Awareness	<p>Menstrual Health and Hygiene</p> <p>On the pretext of Menstrual Health and Hygiene (Menstrual Hygiene Day 2022) , SHARP NGO</p>

		<p>organized a webinar .</p> <p>Highlights of the Webinar include:-</p> <ul style="list-style-type: none"> •Solutions to improve knowledge, attitudes and Practices, •Taboos surrounding Menstruation and Menstrual Hygiene and Health. <p>Speakers:</p> <ol style="list-style-type: none"> 1. Dr Surbhi Singh - Gynecologist (MBBS & MS) Founder - Sachhi Saheli 2. Ms Chetana - Co-Founder - The Birth Home, Midwifery Care & Natural Birth Centre 3. Ms Krishna Mehta - Researcher and Content Manager - Aarya Menstrual Care
Grade 10	Awareness & Social Responsibility Workshop	<p>BULLY TO BUDDY- Workshop on Bullying and its effects</p> <p>An insightful session was organised with Fortis Mental Health Department, in order to enable the students of Grade 10 in understanding the prominence of becoming a buddy from a bully. He facilitated the students of Grade 10 in developing an understanding towards the meaning of bullying, types of bullying, and even learn ways to identify a bully, victim as well as bystanders in the situation</p>
Grades 11 & 12	Career Enrichment Program & Profile Building	<p>EXPLORING SPACE WITH NASA</p> <p>As a part of KIS Enrichment Program, an interesting session was organised with esteemed dignities from UPES on "Explore space with NASA". They assisted the students of grades 11-12, in order to gain more information on Space Exploration as well as the career opportunities with regard to Aerospace Engineering & Technology.</p>
Grades 10 & 12	Career Enrichment Program & Profile Building	<p>KIS x CIALFO Orientation</p> <p>Kothari International School, Noida in collaboration with CIALFO hosted an Orientation Program on May 14, 2022, to acquaint the Parents & Students of Grades 10th & 12th with the process of making maximum use of CIALFO's platform. The following were highlighted during the session:</p> <ul style="list-style-type: none"> •Researching potential institutions of interest •Completing assessments and surveys •Meeting with college counsellors •Tracking tasks and deadlines •Attending virtual college fairs •Submitting final applications

Grades 10, 11 & 12	Career Enrichment Program & Profile Building	<p>Hospitality Education Day-2022</p> <p>"Hospitality Education Day-2022" was organized in collaboration with CIE for the students of Grades 10th to 12th aspiring to pursue higher education Hospitality, Tourism & Culinary Arts.</p> <p>The session would highlight the following:</p> <ul style="list-style-type: none"> • University Programs • Courses and Infrastructure • Availability of Internships (Paid or Free) • Admission Criteria's • Research Infrastructure • Eligibility Criteria's • Academic collaboration • Faculties • Placement Opportunities • Scholarships
Grades 11 & 12	Career Enrichment Program & Profile Building	<p>Virtual Summer School</p> <p>CIALFO is launched a Virtual Summer School between 23 May - 27 May which aimed at creating an opportunity for High School Students to interact with leading universities across India and the world. The 5-Days Virtual Program enabled students to dive deeper into limitless career opportunities and help them make informed career decisions. The program aimed to offer an equal blend of learning & industry exposure.</p>
Grades 11 & 12	Career Enrichment Program & Profile Building	<p>CREATIVE TOOLBOX</p> <p>3 Days Program was conducted by Pearl Academy in the field of Design, Business, Media, and Fashion.</p> <p>The Students could choose from the following courses</p> <ul style="list-style-type: none"> •Dot to form (Product Design) •Fashion and social media (Fashion Communication), •Podcast & Short Videos •Graphics Design, •Digital Fashion Showcase (Fashion Design), •Me in a minute (Story telling through styling & Image design), •Digital Marketing (Business Management) •Creative Inspiration board for interiors.
Grades 11 & 12	Internship/ Corporate Experience Program	<p>Mindler in collaboration with PUMA is launching a Corporate Experience Program to enable students aged 15 to 20 years to learn how global organisations market their products.</p> <p>In this 4 week of Corporate Experience, students will imbibe the essentials of Strategic Marketing, Branding, Advertising, and Market Research under the supervision of executives at PUMA and Mindler. They will learn on a peer to</p>

		peer basis, participate in group projects, and launch a pair of shoes at the Football World Cup on this journey to become a marketing guru.
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WORKSHOPS/ ENRICHMENT SESSIONS JULY 2022		
GRADES	WORKSHOPS/PROFILE BUILDING SESSIONS/CAREER DEVELOPMENT COURSES/TEACHERS DEVELOPMENT PROGRAMS	DESCRIPTION
GRADES 4-12	SELF REFLECTION & APPRECIATION PROGRAM	Self Reflection & Appreciation Program Kothari International School's one of its kind initiatives to acknowledge and appreciate good behavior displayed by the students. With Kothari's ethos of helping students bloom in every sphere of life, the school has intricately curated the Self Reflection and Appreciation Program.
GRADES 9-12	PROFILE BUILDING: INSIGHTS International Bootcamp	INSIGHTS INTERNATIONAL BOOTCAMP is being organized by Insights Institute for Grades 9th to 12th to equip students with the tools needed to become change-makers and socially conscious entrepreneurs. The mentors are alumni of Stanford, Cornell and UChicago. It's a four-week program that can be attended in conjunction with regular school work.
GRADES 9-12	CAREER ENRICHMENT & PROFILE BUILDING PROGRAM Online Immersive Career Experience	INVESTIN is offering a platform for Online Immersive Career Experiences for Ages 12-18. The programmes offer students an interactive, 360-degree experience with top professionals in 15 different careers.
GRADES 11-12	CAREER ENRICHMENT & PROFILE BUILDING PROGRAM A session on Artificial Intelligence	A session on Artificial Intelligence for Grades 11 & 12 was being organised by UPES, Dehradun (formerly known as University of Petroleum & Energy Studies Dehradun). AI allows organizations to make better decisions, improving core business processes by increasing both the speed and accuracy of strategic decision-making processes.
GRADES 11-12	CAREER ENRICHMENT & PROFILE BUILDING PROGRAM Global Education Fair by Global Reach Delhi.	During the event, students and their parents can meet university representatives from Australia, the UK, Canada, Ireland, and Singapore. Benefits like, ON SPOT OFFER AND SCHOLARSHIP, APPLICATION FEE WAIVER UPTO \$100, DEDICATED POST EVENT COUNSELLING, EXPERT VISA ASSISTANCE, COMPLIMENTARY Psychometric Assessment Test CAN BE AVAILED FROM THE EVENT.

GRADES 12	CAREER ENRICHMENT & PROFILE BUILDING PROGRAM Session on VFX and Animation	<p>On 15th July 2022, The students of class XII were taken on a magical whirlwind journey as they explored the exciting world of VFX and Animation, a Career guidance session by subject expert Ms Jyotsna Raghunathan, a storyteller, film maker and educationist with over 25 years of experience in the field.</p> <p>During the session, students were given insights into the different techniques used in the industry, cutting-edge software, as well as more user-friendly ones that they can experiment with if they wish.</p> <p>They also got to know the processes involved and various roles and career opportunities in this dynamic field. The session was an interactive one and the students were able to discuss all the things that they had observed in this field and how it was used in Games, Films, Television, Social media, etc.</p>
GRADES 11-12	CAREER ENRICHMENT & INDUSTRIAL VISIT Pearl Academy Portfolio 2022	<p>Students were taken to the annual showcase “Portfolio 2022” organized by Pearl Academy. Students explored their creative brilliance and interacted with Industry Stalwarts and leaders from the Designing Industry.</p>

WORKSHOPS/ ENRICHMENT SESSIONS AUGUST 2022		
GRADES 8-12	PROFILE BUILDING: DESIGN HACKATHON	A 2 Day online Inter-School Event was hosted by CII (Confederation of Indian Industry) to promote Design Thinking among Students of Grades 8th to 12th.
GRADES 8-12	PROFILE BUILDING & CAREER ENRICHMENT WORLD FORWARD FELLOWSHIP	<p>World Forward Fellowship -A collaborative effort of centers at Harvard and MIT.</p> <p>The selected candidates :</p> <ul style="list-style-type: none"> •Work on two team projects, under the guidance of Harvard mentors, to solve some of the most pressing problems of our times •Attend workshops on leadership, communication and innovation from Harvard mentors and MIT •Get eligible for micro-grants from MIT •Interact with Global Thought Leaders in small group sessions
GRADES 9-12	PROFILE BUILDING & CAREER ENRICHMENT ASTRONOMY SESSION	Unraveling the Mystery of Astronomy was organized by UPES, Dehradun to understand the magic of the astronomical processes.

GRADES 9	PROFILE BUILDING & CAREER ENRICHMENT	As a part of KIS Enrichment Programme, an enriching session was organised with Pratham Organisation to enable the students of Grade 9 in understanding the importance of career guidance and profile building in their academic lives. The resource person for this session was Mr. Rituraj. He facilitated the students of Grade 9 in developing an understanding towards the significance of creating a unique professional profile for their academic success.
GRADES 10	PROFILE BUILDING & CAREER ENRICHMENT Emerging Careers	As a part of KIS Enrichment Programme, an enriching session was organised with Pratham Organisation to enable the students of Grade 10 in understanding the importance of career guidance and profile building in their academic lives. The resource person highlighted the new age and upcoming career choices along with the details of universities offering the courses.
GRADES 11-12	PROFILE BUILDING & CAREER ENRICHMENT Session with Mr.Anand Kumar, Super 30 Batch	Mr. Anand Kumar (the brains behind Super 30) shared Success Mantras for Engineering Aspirants , he had also shed light on what it takes to emerge as a winner in these competitive times.
GRADES 11-12	CAREER ENRICHMENT मिशन गगनयान : THE FIRST HUMAN SPACE FLIGHT OF INDIA- ISRO	The Gaganyaan Programme envisages undertaking the demonstration of human spaceflight to Low Earth Orbit (LEO) in the short-term and will lay the foundation for a sustained Indian human space exploration programme in the long run. Resource Person was Dr. R. Umamaheswaran, Distinguished Scientist & Director, Human Space Flight Centre Indian Space Research Organization (ISRO) Government of India.
GRADES 11-12	CAREER FAIR 'The University of Waterloo , UBC & Queens University Canada'	The students got an opportunity to directly interact with the delegates from the University and discuss various options available to them as well as seek information regarding the admission process.
GRADES 12	SCHOLARSHIP	Manipal University,Jaipur is offering 75 Scholarships to meritorious and deserving students of B.Tech, First year in the core *Branches of Engineering. * Scholarships equal to 100% or 75% of the tuition fees will be provided to the students. These Scholarships will continue for 2nd,3rd and 4th year as long as the student maintains the requisite grade point average.Applications are invited for the Automobile Engineering under this category.
GRADES 12	PROFILE BUILDING & CAREER ENRICHMENT Personal Branding	As a part of KIS Enrichment Programme, an interesting workshop was organised with Pearl Academy to enable the students in understanding the emergence of personal branding in their lives. He facilitated the students in growing an understanding towards the need of personal branding in achieving their goals.

WORKSHOPS/ ENRICHMENT SESSIONS SEPTEMBER 2022		
GRADES	WORKSHOPS/PROFILE BUILDING SESSIONS/CAREER DEVELOPMENT COURSES/TEACHERS DEVELOPMENT PROGRAMS	DESCRIPTION
GRADE K1	WORKSHOP Sharing & Caring	As a part of KIS Enrichment Programme, an interesting workshop was organised with Fortis Mental Health Department on 8 SEPTEMBER, 2022 to enable the students of Grade K1 in understanding the significance of Learning to Share & Care through Storytelling. The resource person for this session was Ms. Anusha Tyagi, Counselling psychologist and Expressive Arts based therapist at Fortis Healthcare. She facilitated the students in developing an understanding towards the importance to sharing as well as caring in their lives, using the art of storytelling.
GRADE K2	WORKSHOP Panchtantra Tales- highlight Sharing & Caring	As a part of KIS Enrichment Programme, an interesting workshop was organised with Fortis Mental Health Department on 6 SEPTEMBER, 2022 to assist the students of Grade K2 in understanding the significance of Panchtantra Tales- highlight Sharing & Caring among students. The resource person for this session was Ms. Anusha Tyagi, Counselling psychologist and Expressive Arts based therapist at Fortis Healthcare. She facilitated the students in developing an understanding towards the importance of sharing and caring with the help of storytelling.
GRADE 1	WORKSHOP A to Z of EMPATHY	As a part of KIS Enrichment Programme, an enriching workshop was organised with Fortis Mental Health Department on 6 SEPTEMBER, 2022 to assist the students of Grade 1 in acknowledging the importance of A-Z of Empathy highlighting Positive Behaviour among students. The resource person for this session was Ms. Anusha Tyagi, Counselling psychologist and Expressive Arts based therapist at Fortis Healthcare. She facilitated the students in developing an understanding towards the meaning of empathy using art-based therapy.
GRADE 2	WORKSHOP Building Empathy	As a part of KIS Enrichment Programme, an interesting workshop was organised with Fortis Mental Health Department on 8 SEPTEMBER, 2022 to enable the students of Grade 2 in acknowledging the importance of Building Empathy in their lives. The resource person for this session was Ms. Anusha Tyagi, Counselling psychologist and Expressive Arts based therapist

		at Fortis Healthcare. She facilitated the students in developing an understanding towards the significance of showing empathy using art-based therapy.
GRADES 3, 4 & 5	WORKSHOP Bully to Buddy	As a part of KIS Enrichment Programme, an enriching workshop was organised with Fortis Mental Health Department to assist the students of Grades 4 and 5 in acknowledging the immense impact of bullying in their lives. The resource person for this session was Ms. Anusha Tyagi, Counselling psychologist and Expressive Arts based therapist at Fortis Healthcare. She facilitated the students in growing an understanding towards the need of becoming a buddy to their peers.
GRADES 11-12	PROFILE BUILDING & CAREER ENRICHMENT The University of Melbourne	As a part of KIS Enrichment Programme, an enriching session was organised in collaboration with the University of Melbourne. Students discovered Melbourne through a series of interesting short talks delivered by world-leading academics, followed by the opportunity to meet their academic experts.
GRADES 8-12	CAREER FESTIVAL National Guidance Festival 2022 by CBSE in association with Lifology Foundation	CBSE in association with LIFOLOGY FOUNDATION, is organising National Guidance Festival for students & parents of class VIII-XII from 19th September to 24th September 2022. This festival was organised in digital mode and provided students the information on future careers, skillsets to excel in the coming days and a clear plan regarding “Which career paths to choose and How to reach the destination”. The sessions were a mix of expert talk, interaction, experiential learning and exposure to Assessments & Scientific Career Guidance.
GRADES 11-12	CAREER FAIR CIALFO Global University Festival	During the series of virtual events organised, students connected with university representatives from 40+ popular universities around the world through the 16 sessions, and learnt about a range of topics under the categories College Application, Curriculum, Campus Culture, and Career Exploration.
GRADES 11-12	CAREER FAIR The Hindustan Times and Career Launcher Study Abroad Fair	As a part of KIS Enrichment Programme, students had the opportunity to attend ‘The Hindustan Times and Career Launcher Study Abroad Fair’ along with 50 foreign universities all under one roof! Students availed personalised counselling, detailed workshops on SAT, IELTS, GMAT etc.

	CAREER FAIR Global Hospitality EducationExpo	As a part of KIS Enrichment Programme, Students attended the 5th edition of the Global Hospitality EducationExpo. The informative and excited session included a Culinary Masterclass by Le Cordon Bleu, Pastry Masterclass by Ecole Ducasse, France and a Hospitality Session by Swiss Hotel Management School, Switzerland
GRADES 11-12	PROFILE BUILDING & CAREER ENRICHMENT IVY UNIVERSITIES-A Dream Come True	As a part of KIS Enrichment Programme, This event helped students understand why shortlisting of the IVY League University is important. Also on which STEM/Other Courses are there in IVY League Universities. It was a successful session that helped students work towards make their IVY League dreams come true.
GRADES 11-12	PROFILE BUILDING & CAREER ENRICHMENT Bond University Entrepreneurship Challenge	This exciting challenge enabled students of class 11th and 12th from schools across India to come together and work on innovative solutions to make this world a better place. Students participated in interactive masterclasses followed by an opportunity to showcase their innovative thinking and entrepreneurial skills on a global platform judged by a panel of global experts.
GRADES 11-12	CAREER FAIR Ireland University Online Fair 2022	SI-Ireland is organised an Ireland University Online Fair 2022 for Indian students. The SI-Ireland University Online Fair 2022 was held online, where students could interact online with top Irish universities and apply for the next university intake.
GRADE 6 & 7	WORKSHOP -Theatre	An introductory session on Theatre in Education was conducted by renowned theatre artist and actor Mr.Rahul Khanna for Grade 6 and 7 students.After school theatre classes will begin under his guidance from 6th October'2022.
GRADE 6 & 7	WORKSHOP -Brain Gym	As a part of KIS Enrichment Programme, an interesting workshop was organised by Mr. Gagandeep Singh to enable the students in rejuvenating their learning powers using various memory enhancement techniques.
GRADE 11-12	PROFILE BUILDING & CAREER ENRICHMENT Study Abroad	As a part of KIS Enrichment Programme, an intriguing workshop was organised with International Education Specialists. The resource person for this session was Mr. Abhishek and Mr. Abhishek. He facilitated the students in understanding the process of applying to universities in abroad.

WORKSHOPS/ ENRICHMENT SESSIONS OCTOBER 2022		
GRADES	WORKSHOPS/PROFILE BUILDING SESSIONS/CAREER DEVELOPMENT COURSES/TEACHERS DEVELOPMENT PROGRAMS	DESCRIPTION
Grades 11-12	PROFILE BUILDING & CAREER ENRICHMENT SOP Writing	UpGrad Abroad organized a Masterclass on How to write SOP for Abroad Universities Admissions for the Students of Grade XI and XII on ZOOM. Students were introduced to statement of purpose and its importance, Articulating their Personal and Professional Why and coloring their Personality & Mentioning their Past Experiences and Achievements
Grades 11-12	AHMEDABAD COLLOQUIUM CAREER ENRICHMENT	Academic conversations with the faculty at ahmedabad univeristy were held. Two sessions took place- Session 1 - "An Indo-German Story: How Indian and German Scientists made common cause between the two world wars" by Professor Aparajith Ramnath PhD (Imperial College London) Session 2- what is data science? by professor Susanta Tewari and professor Sayan Goswami.
Grades 9- 12	CAREER ENRICHMENT & INTERNSHIP OPPORTUNITIES	In an endeavour to help students to enhance their skills and engage with Internship Opportunities, Kothari International School joined hands with the following: 1. CRY- Child Rights & You- An Indian non-governmental organization that works towards ensuring children's rights. 2. Rotary -Interact Club- A club for young people aged 12 to 18 that empowers them to take action, become leaders, and gain a global perspective. 3. IBM SkillsBuild Program with Edunet Foundation- A leading Indian NGO focused on education, skilling, employment, and entrepreneurship. Kothari International School oragnized an orientation to address all queries related with the Programs. After attending the orientation, students could enrol themselves for the preferred program(s)
Grades 11-12	AUSTRALIAN UNIVERSITIES CAREER FAIR	Kothari International School hosted an Australian Universities Career Fair in collaboration with IDP Education on 15th Oct 2022. This served as a perfect platform for students of Kothari International School to meet Australian universities and resolve their queries related to course, fee structure, scholarships, minimum qualifying criteria, career ahead etc
Grades 11-12	KOTHARI INTERNATIONAL SCHOOL X MONASH UNIVERSITY SCHOLARSHIPS	Kothari International School joined hands with Monash University, Australia to announce a dedicated Monash India Award 2023 for students at Kothari International School.As part of this association 3 students from Kothari International

		School will receive following benefits: • One student receives a Scholarship worth A\$ 30000 (A\$ 10000 p.a. for a 3-year duration program) • Two students receive a Study Grant worth A\$ 10000 one-time on course fee
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WORKSHOPS/ ENRICHMENT SESSIONS NOVEMBER 2022		
GRADES	WORKSHOPS/PROFILE BUILDING SESSIONS/CAREER DEVELOPMENT COURSES/TEACHERS DEVELOPMENT PROGRAMS	DESCRIPTION
Grades 9-12	CAREER ENRICHMENT & INTERNSHIP OPPORTUNITIES	As a part of the KIS enrichment programme, KOTHARI INTERNATIONAL SCHOOL joined hands with the following organisations for career enrichment opportunities: 1. TEENS 4 SEWA INITIATIVE by SEWA BHARTI NGO 2. CAMPUS AMBASSADOR INTERNSHIP by EXPERIMENTAL LABS 3. MINDLER INTERNSHIP for School Students by MINDLER
Grades 11-12	UK UNIVERSITIES CAREER FAIR	Kothari International School hosted an UK Universities Career Fair in collaboration with IDP Education on 5th Nov, 2022. This career fair served as a perfect platform for students of Kothari International School to meet Australian universities and resolve their queries related to course, fee structure, scholarships, minimum qualifying criteria, career ahead etc
GRADE 3	FRIENDSHIP & BONDING	As a part of KIS Enrichment Programme, an enthralling workshop was organised with Fortis Mental Health Department on 22 NOVEMBER, 2022 to enrich the students of Grade 3 in acknowledging the significance of Friendship and Bonding in their lives. The resource person for this session was Ms. Anusha Tyagi, Counselling psychologist and Expressive Arts based therapist at Fortis Healthcare. She facilitated the students in developing an understanding towards forming healthy friendships with their peers.
Grades 11-12	ALL ABOUT NDA	As a part of the KIS enrichment programme, an enriching session was

		organised by GPREP Institute, Delhi. It assisted the students in developing their skills to balance out both NDA preparation and school examination. And, this session helped the students to learn the exam pattern, blueprint as well as it's shared similarities with IPMAT, JEE.
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WORKSHOPS/ ENRICHMENT SESSIONS DECEMBER 2022		
GRADES	WORKSHOPS/PROFILE BUILDING SESSIONS/CAREER DEVELOPMENT COURSES/TEACHERS DEVELOPMENT PROGRAMS	DESCRIPTION
Grade 10	CAREER DAY 1	As a part of KIS Enrichment Programme, an intriguing Career Day 1 workshop on Liberal Arts and Sciences was organised with Ashoka University on 6 DECEMBER, 2022 to enlighten the students of Grade 10 in gaining an insight about Liberal education. The resource person for this session was Ms. Vrinda Tandon, Career Counselor and Deputy Manager, Office of Outreach at Ashoka University. She facilitated the students in developing a perspective about Liberal education and the several aspects pertaining to the various career options available.
Grade 10	CAREER DAY 2	As a part of KIS Enrichment Programme, an engaging Career Day 2 workshop on Science of the Sciences was organised with K.R Mangalam University on 7 DECEMBER, 2022 to enrich the students of Grade 10 in developing an understanding with regard to science of the sciences. The resource person for this session was Dr. Nitin Dhar, Assistant Professor- Medical and Allied Sciences at K.R Mangalam University. He facilitated the students in gaining a perspective about the various career options linked with the field of science and it's impact on their academic journey ahead!

GRADE 10	CAREER DAY 3	As a part of KIS Enrichment Programme, an enthralling Career Day 3 workshop on Chartered Accountancy and Other Evolving Fields was organised with The Institute of Chartered Accountants of India on 8 DECEMBER, 2022 to assist the students of Grade 10 in understanding the importance of Chartered Accountancy and it's associated fields. The resource person for this session was CA Saumya Srivastava. She facilitated the students in acknowledging the journey towards becoming a Chartered Accountant. And, this workshop even assisted them in developing a perspective about the various career options linked with the field of commerce and it's influence on their career ahead!
GRADE 9	CBSE NATIONAL ADOLESCENT SUMMIT	The students of Grade 9 i.e., Shivangi Srivastava (9-A), Diya Biswal (9-B) and Risa Kumar (9-D) accompanied by the faculty Ms Vanya Chadha enthusiastically participated in the CBSE National Adolescent Summit on Life Skills, Mental Health, Safety and Well-being held at National Bal Bhavan from 15-17 December, 2022. Day 1 of the event started with great enthusiasm followed by important announcements for the respective events planned for the day. On Day 1 of the event, Risa Kumar presented her remarkable views on “My dream school should be child-centric” as a part of the Rhetorics: The Young Orators Championship. Shivangi Srivastava displayed her creative and artistic skills on the painting showcasing “The comparison between the Mental health of adolescents from previous times”, as a part of Utopia: On the Spot Painting. Day 2 of the event began with an interactive workshop between the students and Teachers Delegates followed by a Sur Taal: Solo Indian Classical Dance event, wherein Diya Biswal showcased a graceful dance performance. Day 3 of the event was filled with adolescent quizzes, interactive sessions as well as display of talent by the students. It was a three days summit filled

		with immense learning and exposure for the students. And, the students explored the elegance of Bal Bhavan. These three days of Adolescent summit served as an enriching experience combined with immense learning and beautiful memories. Further, the students received a certificate for their active participation in the summit. And, we would like to extend our heartfelt gratitude to our Principal, Dr. Sangeeta Arora and Vice-Principal, Mr. Manish Seksaria for their constant support and guidance.
GRADE 9-12	ALL ABOUT ICAI COMMERCE WIZARD HUNT	As a part of the KIS enrichment programme, an enriching session was organised by the Career Counselling Committee of ICAI. It assisted the students in developing their skills to prepare for the Commerce Wizard A Talent Search Test.
GRADE 10	APTITUDE TEST ORIENTATION	As a part of the KIS enrichment programme, an enthralling orientation session was organised by the experts from EXTRAMARKS EDUCATION INDIA PVT LTD. This session facilitated the students to gain awareness about their Career Assessment Programme and its impact on their careers ahead.
GRADE 10	STREAM COMPETENCY TEST	As a part of the KIS enrichment programme, a Stream Competency Test was organised by the experts from EXTRAMARKS EDUCATION INDIA PVT LTD. This test enabled the students to gain awareness about their dominant skills as well as the suitable careers linked with the stream.

WORKSHOPS/ ENRICHMENT SESSIONS JANUARY 2023		
GRADES	WORKSHOPS/PROFILE BUILDING SESSIONS/CAREER DEVELOPMENT COURSES/TEACHERS DEVELOPMENT PROGRAMS	DESCRIPTION
Grades 9-11	INTERACT CLUB INSTALLATION CEREMONY	As a part of KIS Enrichment Programme, an intriguing Installation ceremony on Interact Club was organised in association with Rotary Club on 24 January, 2023.

		This ceremony enabled the students about the Interact club, it's core members, objectives. Overall, it was an enlightening session for the students.
Grades 9-12	UK's RUSSELL GROUP UNIVERSITIES SESSION	As a part of KIS Enrichment Programme, an enthralling discussion session was organised with delegates from the prestigious UK's RUSSELL GROUP UNIVERSITIES on 27 January, 2023 . This session enabled the students to directly interact with representatives from top-ranked universities and learn about the various options available, including entry requirements, the admission process, scholarships, and insider tips.
Grades 9-12	ANNUAL CAREER FAIR	As a part of the KIS enrichment programme, an engaging Career Fair was organised on 30 January, 2023. The fair provided the learners an opportunity to know more about different career prospects. And, it gave the students a wonderful opportunity to get information about various Indian and Foreign universities and the courses they offer. Further, this fair embraced a significant change in the student's and parent's perception by creating awareness about future career prospects.
Grade 11	LSE DISCOVERY SESSION	As a part of KIS Enrichment Programme, Kothari International School got invited to a thought-provoking Discovery with LSE session with Mr. Will Breare-Hall, LSE's Student Admissions and Recruitment Manager at Indian School of Business and Finance on 31 January, 2023. This session served as a perfect opportunity for the Grade 11 students in gaining more knowledge about the new developments at the LSE in terms of applications perspective, wide range of entry routes to the prestigious London School of Economics. And, it enlightened the students about the significant application strategies to be adopted, in order to make their LSE dreams come true.

KIS LIBRARY	BOOK FAIR LIBRARY AUTOMATION – SMS ALERT SERVICE, PM's Pareeksha Pe Charcha 2023,	A one day book Fair in collaboration with The Edu Talk Learn Share Consulting has been organized on 21st January 2023 on the day of PTM for Grade 1 to 5. Activity books, story books in Hindi & English, fictions, self-help, motivational, subjective & olympiad books etc were displayed. A warm & huge response from the parents, students, staff & teachers made it a successful event which generated the revenue of Rs 24,446.00 (Twenty Four Thousand Four Hundred & Forty Six only) to the school. KIS Library is on the verge of Library Automation and the very first step is to issue/return/renewal of books is to be done through ERP only for which we have initiated the SMS Alert service. Students can issue/return/renew/reissue the books & other library material and an instant message will be sent to the parents' registered mobile number so that they can also be aware about the healthy reading habits of their wards. PM's Pareeksha pe charcha 2023 - prepared the board students to ask their queries to our PM. The same has been aired on the TV Channel 'News X' on 25th January 2023.
GRADES 9-12	CLUBS AT KOTHARI	Kothari International School, Noida celebrated the country's *74th Republic Day* on its lush green lawns with great pride. It was also the day to celebrate the Winner Club based on *'Credit Points'* as decided by the *Board of Directors* comprising the *Club Presidents* and audited by the *Governor, the Central Bank of Kothari Clubs, Club Incharge, Ms Bina Jha. The Winner Club was Cyber Genie* for the Club Financial Year 2022-23 with available credits of 65178 points and *Credit Reserve Ratio* of 7242 with the Central Bank of Clubs at Kothari. *President, Ashmit Dhowan and President, Kalpesh Bhatnagar* proudly received the Trophy presented by *KIS Trustee, Dr Avinash Gupta and Principal KIS, Dr Sangeeta Arora.* The Clubs at Kothari have been established to foster and develop the 21st Century Skills to excel and expand their horizons of excellence.

WORKSHOPS/ ENRICHMENT SESSIONS FEBRUARY 2023		
GRADES	WORKSHOPS/PROFILE BUILDING SESSIONS/CAREER DEVELOPMENT COURSES/TEACHERS DEVELOPMENT PROGRAMS	DESCRIPTION
Grades 9-11	SUMMER PROGRAMMES FAIR	As a part of KIS Enrichment Programme, an intriguing Summer Programmes Fair was organised in association with The Red Pen Organisation on 5 February, 2023. This fair enabled the students in knowing about the wide range of summer enrichment options, followed by meeting of International Programmes representatives and gain a better understanding to build a profile for their college applications. Overall, it was an enlightening session for the students.
Grades 9-12	CYBERPEACE FOUNDATION & NCERT	As a part of KIS Enrichment Programme, an enthralling eRaksha Competition will be organised with CyberPeace Foundation and NCERT. This annual event will promote safe, responsible and peaceful cyber space with the help of creativity and knowledge displayed by the students.
Grade 7 E	SELF DISCIPLINE & GOOD CONDUCT	During the session, the following Topics were discussed: 1. Sharing is Caring 2. Assertive Communication 3. Self Control 4. Using Positive Language 5. Norms & Laws of the School with an emphasis on the "No Touch Policy"
Grade 7 C	SELF DISCIPLINE & GOOD CONDUCT	The Following Topics were discussed: 1. Norms & Laws of the School with an emphasis on Dress Code- Proper School Uniform 2. Respecting Teachers, Elders and peers 3. Self Management and planning 4. Personality Types with emphasis on Introversion, Extroversion and Ambiversion. 5. Identification of Idols and the qualities that make them stand out
Grade 6 D	SELF DISCIPLINE & GOOD CONDUCT	The Following Topics were discussed: 1. Norms & Laws of the School with an emphasis on Dress Code- Proper School Uniform using Case Examples 2. Respecting Teachers, Elders and peers 3. Self Management and planning 4. Using Positive Language

Grade 6 B	SELF DISCIPLINE & GOOD CONDUCT	<p>The Following Topics were discussed:</p> <ol style="list-style-type: none"> 1. Norms & Laws of the School with an emphasis on Dress Code & No Touch Policy 2. Personality Grooming, Perspectives & Acceptance 3. Friendship & Bonding 4. Using Positive Language
Grades 6 A, C, E, F	SELF DISCIPLINE & GOOD CONDUCT	<p>The Following Topics were discussed:</p> <ol style="list-style-type: none"> 1. Norms & Laws of the School with an emphasis on Dress Code & No Touch Policy 2. Personality Grooming, Perspectives & Acceptance 3. Respecting Teachers, Elders and peers 4. Using Positive Language