## KOTHARI INTERNATIONAL SCHOOL ACTIVITY REPORT – SEPTEMBER, GRADES 6-10

| DATE           | EVENT                       | GRADE  | FEEDBACK   | PHOTOGRAPH         |
|----------------|-----------------------------|--------|--|--------------------|
| 1 SEPT<br>2021 | Inter-School<br>Competition | Gr 6-8 | With an aim to stimulate passion and brilliance in every child, to create a purpose for learning, and to inspire students to think, connect and share using tools, technology, and curricula of literacy to help them dissolve boundaries and fulfill their potential to create a better society, Billabong High International School, Noida invited us to participate in 'The Chronicles of Discourse— an Inter-School Symposium'. It was conducted online on Wednesday, 01st September 2021 through MS Teams. Yashsavi Chouhan of grade 8 and Palak Goel of grade 7 participated in the events of 'Storytelling' and "Radio star' with full enthusiasm and preparation. The storytellers were asked to choose from any one of the following genres; Horror, Thriller, Suspense, Humour, Adventure, or Modern Slice-of-life The participants of 'Radio star' chose from the following themes; Think Eco- Logically, Pay Heed to the Health Need, We Rise by Lifting Others or Every Voice Matters. They were judged on creativity and | CONTROL OF PRODUKT |

imagination, narration and voice modulation, diction and Grammar, Time Management, spontaneity, usage of props and music. YashsaviChouhan of grade 8 secured the first position in 'Storytelling' whereas a participation certificate was awarded to Palak Goel for 'Radio star'.



## 3 SEPT SDG SPECIAL 2021 ASSEMBLY

Gr 6-8

Assemblies are a great way to open up a student's mind as well as help them express their thoughts and emotions. Assemblies can also help in spreading awareness about social and cultural issues, societal issues, general knowledge, etc. One such special assembly was conducted by grade 8 students from KIS on 3 September 2021. The topic was wisely chosen as SDG goal no.15, Life on Land. This beautiful assembly started with a graceful dance performance devoted to the almighty.

It was then continued with some amazing thoughts by the students.

It was followed by a mindful thought. An interesting yet enjoyable skit took over the thought. It seemed as if the animals were speaking for themselves and their rights. I had to admit that there are many commonly ignored problems they face like bullying, poaching,



|               |          |        | deforestation, and moreover <b>superstitions</b> . Students also came up with a few words of wisdom dedicated to the life of stray animals. We were also shown solutions on how we could make the life of these mutes better. This beautiful presentation was brought to end with the thoughtful words of our beloved principal, Dr. Sangeeta Arora. This assembly left me with a worth a thought to take away. All living beings deserve an equal amount of respect, love, and care. There are many NGOs and wildlife reserves taking a stand for these poor creatures. We can also help them not only in terms of finance but also by just treating animals like living beings. And these words deserve to transform into a pledge. This way every life on earth can lead a satisfying life. | SUSTAINABLE GOALS  DEVELOPMENT GOALS  THE SUSTAINABLE GOALS  THE SUS |
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| 3 SEP<br>2021 | आशु भाषण | Gr 6-8 | भाषण का त्वरित और छोटा रूप<br>नोएडा, सेक्टर 50 में स्थित, कोठारी इंटरनेशनल स्कूल के<br>हिंदी विभाग द्वारा छठी से आठवीं कक्षा के विद्यार्थियों के<br>लिए आभासी कक्षा में आशुभाषण प्रतियोगिता के प्रारम्भिक<br>चरण का आयोजन12 जुलाई से 14 जुलाई (सत्र 2021-22) के<br>मध्य किया गया जिसमें सभी विद्यार्थियों ने बढ़-चढ़कर भाग<br>लिया। निर्धारित मापदंडों के अनुसार उत्तम प्रस्तुति के आधार<br>पर चयनित प्रथम चक्र के विद्यार्थियों को<br>अंतर्सदनीयआशुभाषण प्रतियोगिता में भाग लेने का सुनहरा  | विद्यालय गीत   |

अवसर मिला जिसका ऑनलाइन आयोजन (गृगल मीट) दिनांक 1 सितंबर से 3 सितंबर 2021 को अपराहन 3:00 बजेसे 4:00 बजे के बीच किया गया।आश्भाषण के लिए दिए गएविषय पर सभी प्रतिभागियों ने पूर्ण आत्मविश्वास और सहजता के साथ अपने विचारों को साझा किया और बधाई के पात्र बने। सरस्वती वंदना सेकार्यक्रम का शुभारंभतथा समापन विद्यालय गान के साथ ह्आ। निर्णायिका के रूप में आमंत्रित विद्यालय की प्राथमिक कक्षाओं की हिंदी अध्यापिकाएँ श्रीमती कविता अहलावत, श्रीमती संगीतामलिक तथा श्रीमती ग्ंजन त्यागी ने अपनी उपस्थिति से कार्यक्रम की शोभा बढाई तथा अपने आशीर्वचनों से विद्यार्थियों का मनोबल और उत्साहवर्धन भी किया। छठीकक्षा से निश्चय सदन, सातवीं एवं आठवीं कक्षा से सिदधांत सदन ने प्रथम स्थान प्राप्त किया। सभी ने आशुभाषण प्रतियोगिता की हृदय से सराहना की तथा प्रतिभागियों ने अपनी अध्यापिकाओं के प्रति आभार प्रकट किया। 5 SEP **TEACHERS' DAY** Gr K-12 **TEACHERS' DAY CELEBRATION** 2021 **CELEBRATION** Teacher's Day is celebrated in India every year on 5th





September to appreciate the role played by teachers in the life of students—the leaders of tomorrow. The day is also celebrated to pay tribute to Dr. Sarvepall I Radhakrishnan, former President of the country and a visionary educator. Teachers provide the power of knowledge and education and create possibilities for better future. Amidst the pandemic, KOTHARI INTERNATIONAL SCHOOL, NOIDA celebrated this day with great enthusiasm through the ZOOM app on 4th September, 2021 at 11 a.m. The whole event was meticulously planned.

The programme piloted with Dr. Gupta's blessing address followed by Sudiksha ma'am's melodious number. The event was further led by Resham Ma'am and her team where she turned up the level of excitement by hosting a fun game. This was followed by a foot tapping song from our very own Akshdeep Sir and Jerry Sir. The event further unfolded by a graceful dance performance from K1-3 team and another round of guessing game by ShilpyMinocha Ma'am and Nakkashi Ma'am. Antakshari hosted by Divya Ma'am and Ankita Ma'am added spice to the programme by filling the atmosphere with soulful melodies and putting a smile on everyone's faces.

The programme wound up by Principal Ma'am address.



|                |                |      | She spoke on the inherent qualities to be a successful teacher and appreciated the efforts put in by the teachers. The entire programme was applauded by everyone present and will always remain a beautiful memory in the hearts of one and all present.   |           |
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| 22 SEP<br>2021 | CLASS ASSEMBLY | Gr 9 | "No act of kindness no matter how small, is ever wasted"  An inspiring thought that sustains humanity was brought alive on 22 <sup>nd</sup> September by the students of Grade 9 E and A in their Class Assembly. The Assembly featured the acts of kindness by the real life Covid Warriors who contributed selflessly to help during the pandemic. The Assembly was compared by Aadya Pathak of 9A and Minarva Tyagi of 9E. It started with a prayer presented by Trisha of 9E followed by News and Thought of the Day by Sai Parth and Rabbhiya Kapoor of 9A. Man Ki Baat moderated by Shirish of 9E paid a tribute to selfless acts of few Indians who sacrificed their personal pleasures to help people affected by Covid crisis. The assembly also included poetry andShlok recital by students of 9E. A book review on Anne Frank's diary was also presented by a student of 9A along with a dazzling dance performance by the students of 9E. The Assembly was culminated by a | P L E D G |

|                |                     |        | pledge taken by all the students of Grade 9 on to embrace kindness in their lives and bestow it whenever required.  |   |
|----------------|---------------------|--------|---|---|
| 25 SEP<br>2021 | RASHTRIYA           | Gr 6-8 | RASHTRIYA POSHAN MAAH 2021 REPORT   | PEC   |
| 2021           | POSHAN MAAH<br>2021 |        | At Kothari International School, Noida, we observed Rashtriya Poshan Maah by organizing a webinar with the nutritionist Dr. Neha Agarwal on 'Nutrition and Mental Health and Well-being' on Sep 25, 2021. The webinar was attended by the students, parents, and staff members. The objective of the webinar was to sensitize the audience about the intrinsic relationship between nutrition and mental health. For example, the emerging cases of obesity as an after effect of the lockdown have instigated body image issues to low self-esteem among adolescents.  The enriching session began with an introduction to the physical and mental health needs of an adolescent and their direct relationship with the Nutritional Needs. The | When a substitutive december 1 were week as garrent cours 1 De subs |

session focused on how nutrition can be effectively integrated into everyday health strategies to protect situational factors and social factors and improve mental health and emotional wellbeing. Healthy fats Limited fast foods Hormonal, She highlighted the differentiation in the needs of boys Fruits and vegetables biological High fibre foods inflammatory, neural pathways and girls. What we eat and drink affects how we feel, think, and behave. Dr. Agarwal emphasized the nutritional risks like weight nsulin sensitivity Determinants of physical and mental comorbidity ess cardiovascular risk gain leading to obesity and type A diabetes, eating Lower risk of illness Cognitive function habits that result in disordered eating practices, low consumption of fruit and vegetables, and high consumption of fat and sodium are related to Adultonset disease task that can lead to lifelong illness. We can conclude by stating that dietary interventions are significant to a number of the mental health challenges faced by adolescents. The session ended with an interactive session between the parents and Dr. Agarwal. **SEPT SWACCHTA** G 6-10 **SWACCHTA PAKHWADA** 2021 **PAKHWADA** To achieve universal sanitation coverage and to put the focus on sanitation, the Prime Minister of India had launched the Swachh Bharat Mission on 2nd October 2014. It aims at making urban India free from open defecation and achieving 100% scientific management of municipal solid waste in 4,041 statutory towns in the

country. To spread the awareness about Swachhata Mission and its implementation, KIS observed Swachhata Pakhwada.

To further accelerate the programme, various activities were carried out in the school. Students from grades 6-8 created some thought provoking slogans, postersto highlight the importance of cleanliness and sanitation and hand washing, use of Mask and Social Distancing. They wrote pledges for COVID safe, clean and well-maintained premises. They also shot interesting videos to encourage and inspire to continue with good practices for hygiene and sanitation in school as well as home.

Students from 9-10 were also not far behind. They not just painted aesthetically pleasing paintings but also penned down well articulated essays and melodious poems on cleanliness and hygiene practices in school and COVID responsive behavior in virtual mode.

KIS celebrated Swachhata Pakhwada in true spirits along with our students and took this mission of cleanliness to the community thereby creating mass awareness.



